



THE MUSCULAR SYSTEM

Muscles, the specialized tissues that facilitate body movement, make up about 40% of body weight. Most body muscle is the voluntary type, called skeletal muscle because it is attached to the bony skeleton. Skeletal muscle contributes to body contours and shape, and it composes the organ system called the muscular system. These muscles allow you to grin, frown, run, swim, shake hands, swing a hammer, and to otherwise manipulate your environment. The balance of body muscle is smooth and cardiac muscles, which form the bulk of the walls of hollow organs and the heart. Smooth and cardiac muscles are involved in the transport of materials within the body.

Study activities in this chapter deal with microscopic and gross structure of muscle, identification of voluntary muscles, body movements, and important understandings of muscle physiology.

OVERVIEW OF MUSCLE TISSUES

1. Nine characteristics of muscle tissue are listed below and on page 104. Identify the muscle tissue type described by choosing the correct response(s) from the key choices. Enter the appropriate term(s) or letter(s) of the key choice in the answer blank.

Key Choices

A. Cardiac

B. Smooth

C. Skeletal

- | | |
|-------|--|
| _____ | 1. Involuntary |
| _____ | 2. Banded appearance |
| _____ | 3. Longitudinally and circularly arranged layers |
| _____ | 4. Dense connective tissue packaging |
| _____ | 5. Figure-8 packaging of the cells |
| _____ | 6. Coordinated activity to act as a pump |



Muscular System Coloring Workbook

David Baud

A red circular graphic with a gradient, appearing as a partial circle or a thick arc, located to the right of the author's name.

Muscular System Coloring Workbook:

Decoding **Muscular System Coloring Workbook**: Revealing the Captivating Potential of Verbal Expression

In a period characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Muscular System Coloring Workbook**," a mesmerizing literary creation penned by way of a celebrated wordsmith, readers attempt an enlightening odyssey, unraveling the intricate significance of language and its enduring effect on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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

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