

# Chapter 14: Drugs

## 1. Pharmacokinetic

- When a drug is taken it goes through 4 phases: absorption, distribution, metabolism, and excretion
- Absorption
  - Refers to the movement of a drug from the site of administration to the systemic circulation
- Distribution
  - Refers to the movement of a drug from systemic circulation to the site of action
- Metabolism
  - Refers to the biotransformation of drugs into metabolites that are more easily created
- Excretion
  - The elimination of drugs from the body, which primarily occurs in the kidneys

## 2. Age-related changes in pharmacokinetics

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Absorption: gastric pH increased, decreased small bowel surface area, slowed gastric emptying	Distribution: decreased serum albumin, increased alpha1-acid glycoprotein, increased body fat, decreased body water
Metabolism: decreased metabolism via P450 enzyme system, decrease in first pass metabolism	Excretion: decreased creatinine clearance

## 3. Common drug-drug interactions

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Warfarin and aspirin: ↑ risk of bleeding	Digoxin and quinidine sulfate: ↑ risk of digoxin toxicity
Cimetidine and propranolol: ↓ propranolol clearance, risk of bradycardia	Hydrochlorothiazide and glyburide: ↑ risk of hypoglycemia
Levodopa and clonidine: ↓ antiparkinson effect	Hydrochlorothiazide and NSAIDs: ↓ diuretic and antihypertensive effect of thiazide
Lithium and furosemide: ↑ risk of lithium toxicity	Lovastatin and gemfibrozil: ↑ risk of myopathy, rhabdomyolysis, and other adverse effects
Prednisone and phenobarbital: ↓ steroid effect	Ginkgo with aspirin: ↑ risk of bleeding

# Geriatric Nursing Study Guides

**Hooyman, Nancy R. Hooyman, H.  
Asuman Kiyak**



## **Geriatric Nursing Study Guides:**

**Nurse-Gerontology (NCA) Specialty Review and Study Guide** Mckenna Augustine, 2015-09-25 Includes Multiple choice fact scenario and case based questions Correct answers and explanations to help you quickly master specialty content All questions have keywords linked to additional online references The mission of StatPearls Publishing is to help you evaluate and improve your knowledge base We do this by providing high quality peer reviewed educationally sound questions written by leading educators StatPearls Publishing

**Study Guide for Essentials of Nursing Research** Denise F. Polit, Cheryl Tatano Beck, 2014 Study Guide for Essentials of Nursing Research 8e augments the text and provides students with exercises for each text chapter that furthers their understanding and application of the text content Critiquing opportunities abound in the Study Guide which includes eight full length studies in their entirety representing a range of research types Application Exercises are based on these studies and guide students in reading understanding and critiquing the studies In addition there are activities to support the learning of fundamental research terms and principles including fill in the blanks matching exercises and Study questions

**Basic Geriatric Nursing - E-Book** Patricia A. Williams, 2022-06-08 Selected for Doody's Core Titles 2024 with Essential Purchase designation in Geriatrics Provide compassionate professional nursing care for older adults Designed for LPN LVNs Basic Geriatric Nursing 8th Edition offers a practical introduction to concepts of aging and the physiologic and psychosocial changes that affect the elderly adult Clear guidelines help you master basic skills such as health assessment nursing diagnosis therapeutic communication medication administration and nursing interventions in a variety of health care settings New Next Generation NCLEX examination style case studies help you develop clinical judgment and nursing care plans show how to apply theory to practice Written by experienced nursing educator Patricia Williams this book provides the knowledge and skills you need to care for an aging population Learning features in each chapter include objectives key terms with phonetic pronunciations basic concepts and clinical application all connected by case examples and a relevant research study or analysis of multiple studies Nursing Process sections provide a framework for nursing care of older adults as related to specific disorders Get Ready for the NCLEX Examination sections include key points additional learning resources and NCLEX review questions with answers and rationales on the Evolve website Nursing Care Plans provide real world examples of care plans along with critical thinking questions Nursing interventions are grouped by health care setting e g acute care extended care home care Clinical Situation boxes highlight real life care scenarios Coordinated Care boxes address leadership and management issues for the LPN LVN and include topics such as restraints and end of life care Critical Thinking boxes help you develop and improve skills in clinical judgment Special boxes are included for health promotion safety nurse alerts patient education cultural considerations home health considerations complementary health approaches and more Medication tables summarize information about drugs commonly used in geriatric nursing NEW Next Generation NCLEX examination style case studies at the end of chapters include new

format questions to help you prepare for the licensure examination NEW Discussion of the NCSBN Clinical Judgment Measurement Model helps you learn decision making and develop the skills needed to plan effective nursing care NEW Free Study Guide on the Evolve website includes Next Generation case studies and review questions to reinforce your understanding

**Basic Geriatric Nursing - E-Book** Gloria Hoffman Wold, 2013-12-27 The bestselling LPN LVN geriatric nursing textbook Basic Geriatric Nursing 5th Edition covers age appropriate nursing interventions in a variety of health care settings It includes the theories and concepts of aging covers expected physiologic and psychosocial changes and highlights delegation coordinated care end of life care patient teaching quality of life safety and home care This edition is updated with the latest issues and trends in geriatric nursing including changes to the health care system and demographics Part of the popular LPN Threads series Gloria Hoffman Wold's text provides a clear and compassionate introduction to geriatric care Complete coverage of key topics includes baby boomers and the impact of their aging on the health care system therapeutic communication cultural considerations spiritual influences evidence based practice in geriatric nursing and elder abuse restraints and ethical and legal issues in end of life care UNIQUE Delegation leadership and management content is integrated throughout Nursing Process sections provide a framework for the discussion of the nursing care of the elderly patient as related to specific disorders UNIQUE A FREE Study Guide in the back of the book reinforces understanding with scenario based clinical activities and practice questions UNIQUE Nursing interventions are numbered and grouped according to health care setting e g acute care extended care home care in a patient centered approach emphasizing the unique needs of the older adult UNIQUE Nursing Care Plans with critical thinking questions help in understanding how a care plan is developed how to evaluate care of a patient and how to apply your knowledge to clinical scenarios UNIQUE Critical Thinking boxes help you to assimilate and synthesize information Clinical Situation boxes present patient scenarios with lessons for appropriate nursing care and patient sensitivity Coordinated Care boxes address such topics as restraints elder abuse and end of life care as related to responsibilities of nursing assistants and other health care workers who are supervised by LPN LVNs UNIQUE Complementary and Alternative Therapies boxes address specific therapies commonly used by the geriatric population for health promotion and pain relief Cultural Considerations boxes encourage culturally sensitive care of older adults UNIQUE Patient Teaching boxes highlight health promotion disease prevention and age specific interventions UNIQUE LPN Threads make learning easier featuring an appropriate reading level key terms with phonetic pronunciations and text page references chapter objectives special features boxes and full color art photographs and design

*Geriatrics Specialty Review and Study Guide* Jeremiah Grover, 2015-09-25 Includes Multiple choice fact scenario and case based questions Correct answers and explanations to help you quickly master specialty content All questions have keywords linked to additional online references The mission of StatPearls Publishing is to help you evaluate and improve your knowledge base We do this by providing high quality peer reviewed educationally sound questions written by leading

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reputation as the foremost reference and clinical guide on the subject      **Evidence-Based Geriatric Nursing Protocols for Best Practice** Marie Boltz, Marie P. Boltz, Elizabeth Capezuti, DeAnne Zwicker, Terry T. Fulmer, 2020-03-31 Note to Readers Publisher does not guarantee quality or access to any included digital components if book is purchased through a third party seller AJN Book of the Year 2016 First Place Winner in Gerontological Nursing The evidence based protocols are designed as a primary reference and are useful substantive and timely The broader contributions of useful format and succinct review of the evidence make it likely that this text will continue to be the leading resource in nursing education and practice The Gerontologist As a gerontological clinical educator research nurse I will often use this as a reference The format and the content are good and the explanations of how to best use the evidence simplify the process of sifting through mountains of information to figure the best practice Score 97 Doody's The newest edition of this distinguished reference in geriatric nursing delivers updated guidelines new illustrative case studies and the latest evidence based protocols developed by leading researchers educators and practitioners in each topic area The sixth edition includes new approaches devoted to supporting LGBTQ elders persons living with dementia and their families and older adults living with HIV New operational strategies provide guidance in using the electronic health record implementing improved person centered care approaches and maintaining age friendly atmospheres Using evidence derived from all levels of care this text offers developed guidelines for improving both quality and outcomes when caring for older adults in multiple disciplines including interprofessional team members long term care and other staff educators social workers dietitians and physicians Chapters provide assessment and management principles clinical interventions specialty practice and models of care They consistently feature chapter objectives annotated references evidence ratings for each protocol and resources for further investigation Each protocol is embedded within the chapter content to provide context and detailed evidence The protocols consistently include an overview evidence based assessment intervention strategies and a supporting case study with discussion PowerPoint presentations and a test bank are available as instructor's resources New Chapters Informational Technology Embedding CPGs Organizational Approaches to Promote Person Centered Care Environmental Approaches to Support Aging Friendly Care HIV Prevention and Care for the Older Adult LGBTQ Perspectives Key Features Best practices for in patient in home and long term care settings Case studies with discussions in each chapter to illustrate application of clinical practice and related Nursing Standard of Practice Protocol The AGREE systematic method was used to evaluate each protocol and validate this book's content Instructor's resources including PowerPoints and a Test Bank Purchase includes digital access for use on most mobile devices and computers      *Adult-Gerontology Acute Care NP Study Guide 2021-2022* Newstone Adult Gerontology Test Team, 2021-01-31 Imagine if you could get all of the practice you need from one study guide and score very high on the Adult Gerontology Exam This Adult Gerontology study guide combines theory and practice questions so that students are fully prepared before writing the exam While other guides only provide around 100 questions this guide has 450

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**Evidence-Based Geriatric Nursing Protocols for Best Practice** Marie Boltz, Marie P. Boltz, Elizabeth Capezuti, Terry T. Fulmer, DeAnne Zwicker, 2016-03-28 This new edition of one of the premier references for geriatric nurses in hospital long term and community settings delivers current guidelines real life case studies and evidence based protocols developed by master educators and practitioners With a focus on improving quality of care cost effectiveness and outcome the fifth edition is updated to provide the most current information about care of common clinical conditions and issues in older patients Several new expert contributors present current guidelines about hip fractures frailty perioperative and postoperative care palliative care and senior friendly emergency departments Additionally chapters have been reorganized to enhance logical flow of content and easy information retrieval Protocols systematically tested by more than 300 participating NICHE Nurses Improving Care for Health system Elders hospitals are organized in a consistent format and include an overview evidence based assessment and intervention strategies and an illustrative case study with discussion Additionally protocols are embedded within chapter text providing the context and detailed evidence for each Chapter objectives annotated references and evidence ratings for each protocol are provided along with resources for additional study New to the Fifth Edition Reorganized to enhance logical flow of information and ease of use Updated and revised Includes new contributions from expert educators and practitioners Provides new chapters on perioperative and postoperative care general surgical care care of hip fracture palliative care and the senior friendly emergency department Key Features Includes PowerPoints and a test bank for instructors Delivers evidence based current guidelines and protocols for care of common clinical conditions in the older person Illustrates the application of clinical protocols to real life practice through case studies and discussion Edited by nationally known geriatric leaders who are endorsed by the Hartford Institute for Geriatric Nursing and NICHE Written for nursing students nurse leaders and practitioners at all levels including those in specialty roles *Gerontology Nurse - The Comprehensive Guide* ANTILLIA TAURED , Dive into the essential resource for gerontology nurses with *Gerontology Nurse The Comprehensive Guide* This meticulously crafted book offers an all encompassing approach to geriatric care merging advanced medical knowledge with empathetic caregiving Designed for both seasoned professionals and those new to the field this guide stands out by integrating the latest research practical strategies and a holistic view of elderly patient care Its unique appeal lies in the blend of theoretical foundations with actionable insights making it an indispensable tool for

enhancing patient outcomes and professional growth With no images or illustrations the focus remains purely on the wealth of information provided ensuring compliance with copyright regulations while delivering a robust textual experience The absence of visual aids encourages deeper engagement with the content fostering a comprehensive understanding of the nuances in geriatric nursing Elevate your practice expand your expertise and make a meaningful impact on the lives of the elderly with this definitive guide to gerontology nursing

**Telecourse Study Guide** Hooyman,Nancy R. Hooyman,H. Asuman Kiyak,2001-08 *A Comprehensive Guide to Geriatric Rehabilitation E-Book* Timothy L. Kauffman,Ronald W. Scott,John O. Barr,Michael L. Moran,2014-09-05 Now in its third edition this trusted clinical guide enables both the busy practitioner and student to review or to learn about a range of pathologies conditions examinations diagnostic procedures and interventions that can be effectively used in the physical rehabilitation of older people It presents a broad overview of age related physiological changes as well as specific professional discipline perspectives Organized into eleven distinct and interrelated units the first unit begins with key anatomical and physiological considerations seen with aging which have significant impact on the older person The second and third units go on to review important aging related conditions and disorders of the musculoskeletal and neuromuscular neurological systems respectively Neoplasms commonly encountered in older people are the focus of the fourth unit while aging related conditions of the cardiovascular pulmonary integumentary and sensory systems are presented in units five through seven Unit eight highlights a range of specific clinical problems and conditions commonly encountered with older patients Critically all of these units emphasize important examination and diagnostic procedures needed for a thorough evaluation and stress interventions that can be of significant benefit to the older patient The ninth unit presents select physical therapeutic interventions that are especially important in managing rehabilitative care Key societal issues related to aging are discussed in the tenth unit Finally the concluding eleventh unit focuses on the successful rehabilitation team that includes both professional and non professional caregiver members A trusted guide to the conditions and problems faced when evaluating and treating geriatric patients Extensive coverage over 84 chapters each written by an expert in the field Includes imaging vision and the aging ear Cross referenced providing the complexity and inter relatedness of co morbidities common to aging patients Collaborative international perspective Chapters on the aging spine frailty safe pilates for bone health health care for older people Additional renowned editor Ronald W Scott Revised title to reflect the comprehensive scope of content covered previously entitled Geriatric Rehabilitation Manual

**Basic Geriatric Nursing - Binder Ready** Patricia A. Williams,Patricia A. Williams, RN, MSN, CCRN,2022-09 Provide compassionate professional nursing care for older adults Designed for LPN LVNs Basic Geriatric Nursing 8th Edition offers a practical introduction to concepts of aging and the physiologic and psychosocial changes that affect the elderly adult Clear guidelines help you master basic skills such as health assessment nursing diagnosis therapeutic communication medication administration and nursing interventions in a variety of health care settings New Next Generation



NCLEX R examination style case studies help you develop clinical judgment and nursing care plans show how to apply theory to practice Written by experienced nursing educator Patricia Williams this book provides the knowledge and skills you need to care for an aging population Learning features in each chapter include objectives key terms with phonetic pronunciations basic concepts and clinical application all connected by case examples and a relevant research study or analysis of multiple studies Nursing Process sections provide a framework for nursing care of older adults as related to specific disorders Get Ready for the NCLEX R Examination sections include key points additional learning resources and NCLEX review questions with answers and rationales on the Evolve website Nursing Care Plans provide real world examples of care plans along with critical thinking questions Nursing interventions are grouped by health care setting e g acute care extended care home care Clinical Situation boxes highlight real life care scenarios Coordinated Care boxes address leadership and management issues for the LPN LVN and include topics such as restraints and end of life care Critical Thinking boxes help you develop and improve skills in clinical judgment Special boxes are included for health promotion safety nurse alerts patient education cultural considerations home health considerations complementary health approaches and more Medication tables summarize information about drugs commonly used in geriatric nursing NEW Next Generation NCLEX R examination style case studies at the end of chapters include new format questions to help you prepare for the licensure examination NEW Discussion of the NCSBN Clinical Judgment Measurement Model helps you learn decision making and develop the skills needed to plan effective nursing care NEW Free Study Guide on the Evolve website includes Next Generation case studies and review questions to reinforce your understanding

**Study guide to accompany Textbook of basic nursing, [sixth edition]** Caroline Bunker Rosdahl, 1995-01-01 Designed to be used by students together with the sixth edition of Textbook of basic nursing

**Evidence-Based Geriatric Nursing Protocols for Best Practice** Deanna Gray-Miceli, 2007-11-16 Designated a Doody's Core Title As a gerontological clinical educator research nurse I will often use this as a reference The format and the content are good and the explanations of how to best use the evidence simplify the process of sifting through mountains of information to figure the best practice Score 97 5 stars Doody's This third edition holds the promise of bringing yet another level of depth and sophistication to understanding the best practices for assessment interventions and anticipated outcomes in our care of older adults Evidence Based Geriatric Nursing Protocols for Best Practice is intended to bring the most current evidence based protocols known to experts in geriatric nursing to the audience of students both graduate and undergraduate practitioners at the staff level from novice to expert clinicians in specialty roles educators care managers and advanced practice nurses and nursing leaders of all levels We owe a debt of gratitude to the many authors and the editors for bringing this work to us from the preface by Susan Bowar Ferres PhD RN CNAA BC Senior Vice President Clinical Nurse Specialist Durham Veterans Administration Medical Center Geriatric Research Education and Clinical Center This is the third thoroughly revised and updated edition of the book formerly entitled Geriatric Nursing Protocols for Best

Practice The protocols address key clinical conditions and circumstances likely to be encountered by a hospital nurse caring for older adults They represent best practices for acute care of the elderly as developed by nursing experts around the country as part of the Hartford Foundation s Nurses Improving Care to the Hospitalized Elderly project NICHE This third edition includes 17 revised and updated chapters and more than 15 new topics including critical care diabetes hydration oral health care palliative care and substance abuse Each chapter includes educational objectives assessment of the problem nursing intervention or care strategies and references most chapters have case studies *Geriatric Nursing Protocols for Best Practice* Mathy Doval Mezey,2003 The protocols in this thoroughly updated edition address key clinical conditions and circumstances likely to be encountered by a hospital nurse caring for older adults They represent best practices for acute care of the elderly as developed by nursing experts around the country as part of the Hartford Foundation s Nurses Improving Care to the Hospitalized Elderly project NICHE New to this edition are chapters on evaluating practice guidelines and measuring quality and outcome of care Although the protocols were developed for acute care they can be easily modified to work in other practice settings such as the nursing home or home care Gerontological Nurse Exam Secrets Study Guide: Gerontological Nurse Test Review for the Gerontological Nurse Exam Gerontological Nurse Test Prep Team,2016-02 Includes Practice Test Questions Gerontological Nurse Exam Secrets helps you ace the Gerontological Nurse Exam without weeks and months of endless studying Our comprehensive Gerontological Nurse Exam Secrets study guide is written by our exam experts who painstakingly researched every topic and concept that you need to know to ace your test Our original research reveals specific weaknesses that you can exploit to increase your exam score more than you ve ever imagined Gerontological Nurse Exam Secrets includes The 5 Secret Keys to Gerontological Nurse Exam Success Time is Your Greatest Enemy Guessing is Not Guesswork Practice Smarter Not Harder Prepare Don t Procrastinate Test Yourself A comprehensive General Strategy review including Make Predictions Answer the Question Benchmark Valid Information Avoid Fact Traps Milk the Question The Trap of Familiarity Eliminate Answers Tough Questions Brainstorm Read Carefully Face Value Prefixes Hedge Phrases Switchback Words New Information Time Management Contextual Clues Don t Panic Pace Yourself Answer Selection Check Your Work Beware of Directly Quoted Answers Slang Extreme Statements Answer Choice Families A comprehensive Content review including Biological Theories of Aging Havighurst s Theory Hypertension Cognitive Changes Loop Diuretics Thiazide Diuretics Systolic Heart Failure Myocardial Infarction Vasodilators Aldosterone Agonist Venous Insufficiency Atrial Dysrhythmias Chronic Bronchitis Malnutrition Fluid Balance Hyposalivation Dysphagia Acute Gastrointestinal Hemorrhage Hepatic Cirrhosis Benign Prostatic Hypertrophy Urinary Tract Infections Pyelonephritis Chronic Renal Failure Osteoporosis Rheumatoid Arthritis Cardiac Dysrhythmias Musculoskeletal Deformities Hyperglycemia Ketoacidosis Thermoregulation Thyrotoxic Storm Electrolyte Imbalances Respiratory Acidosis Jung Theory of Individualism Post Menopausal Changes Sociological Theories of Aging and much more DHEW Publication ,1978 **Gerontology**

**Nursing Case Studies** Donna J. Bowles, 2011-02-24 Designated a Doody's Core Title This is an excellent teaching guide and resource manual for instructors gerontological nursing students and practicing nurses and social workers who wish to learn more about geriatric concerns and care It will be kept by nursing students long after they graduate as a guide to resources that will be valuable throughout their nursing careers As a home care nurse working mainly with the geriatric community I found the resources helpful in my practice As an instructor I found the book to be a very useful guide for teaching geriatrics Score 90 4 Stars Doody's Medical Reviews Donna Bowles's Gerontology Nursing Case Studies is a unique volume that effectively addresses the lack of gerontology case studies for use with undergraduate nursing students Case studies are a pedagogically powerful approach to active learning that offer opportunities to apply content to clinical practice The Gerontologist The case narrative approach of this book promotes active learning that is more meaningful to students and practicing nurses and more likely to increase the transfer of evidence into practice An excellent resource for faculty staff educators to facilitate critical learning skills Liz Capezuti PhD RN FAAN Dr John W Rowe Professor in Successful Aging Co Director Hartford Institute for Geriatric Nursing New York University College of Nursing This is a terrific text that provides nurses and other health care providers with good basic information about clinical problems and challenges we face in providing care to older adults It should be considered required reading in all undergraduate programs From the foreword by Barbara Resnick PhD CRNP FAAN FAANP Professor University of Maryland School of Nursing Sonya Ziporkin Gershowitz Chair in Gerontology At the heart of this unique volume are 100 case studies of older adults that address nearly every issue physical mental and psychosocial that may confront health care providers who work with the aging population These case studies culled from contributors with several centuries worth of combined nursing expertise are designed to guide nursing students in the development of interventions that encompass both complementary and alternative health strategies Exercises interspersed throughout each case study are designed to foster critical thinking and decision making skills These case narratives provide a holistic approach to problem solving in regard to political ethical and legal issues loss and end of life issues elder abuse depression addiction and suicide self esteem and family relationships sexuality age related health issues cognitive impairment cultural diversity as it relates to aging pain management and sleep disturbances The volume also addresses such contemporary psychosocial issues as gambling addiction hoarding behavior emergency preparedness the aging driver and long distance caregiving Key Features Provides 100 evidence based case studies Cultivates development of critical thinking and decision making skills Features realistic contemporary scenarios Designed for use across the gerontology nursing curriculum Geared for AACN and NLN Accreditation Organized according to the needs of actual clinical settings

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