# 2024 FUNDAMENTAL HESI, HESI FUNDAMENTALS, HESI FUNDAMENTALS PRACTICE TEST, UNIT 1 FOUNDATIONS OF NURSING PRACTICE QUESTIONS VERIFIED BY EXPERTS ALREADY GRADED A+ PASS!!!

The center of gravity for adults is the hips. However, as the person grows older, a stooped posture is common because of the changes from osteoporosis and normal bone degeneration, and the knees, hips, and elbows flex. This stooped posture results in the upper torso (B) becoming the center of gravity for older persons. Although (A) is a part, or an extension of the upper torso, this is not the best and most complete answer.

Which action is most important for the nurse to implement when donning sterile gloves?

- A) Maintain thumb at a ninety degree angle.
- B) Hold hands with fingers down while gloving.
- C) Keep gloved hands above the elbows.
- D) Put the glove on the dominant hand first. CORRECT ANSWER>>>C) Keep gloved hands above the elbows

Gloved hands held below waist level are considered unsterile (C). (A and B) are not essential to maintaining asepsis. While it may be helpful to put the glove on the dominant hand first, it is not necessary to ensure asepsis (D).

An adult male client with a history of hypertension tells the nurse that he is tired of taking antihypertensive medications and is going to try spiritual meditation instead. What should be the nurse's first response?

- A) It is important that you continue your medication while learning to meditate.
- Spiritual meditation requires a time commitment of 15 to 20 minutes daily.
- C) Obtain your healthcare provider's permission before starting meditation.
- D) Complementary therapy and western medicine can be effective for you. CORRECT ANSWER>>>A) It is important that you continue your medication while learning to

ANSWER>>>A) It is important that you continue your medication while learning to meditate

The prolonged practice of meditation may lead to a reduced need for antihypertensive medications. However, the medications must be continued (A) while the physiologic response to meditation is monitored. (B) is not as important as continuing the medication. The healthcare provider should be informed, but permission is not required

# **Hesi For Fundamentals Of Nursing**

**Ying-Ying Zheng** 

**Hesi For Fundamentals Of Nursing:** 

Enjoying the Song of Phrase: An Mental Symphony within Hesi For Fundamentals Of Nursing

In a world taken by monitors and the ceaseless chatter of fast interaction, the melodic splendor and mental symphony produced by the published term usually disappear in to the backdrop, eclipsed by the constant sound and disruptions that permeate our lives. But, nestled within the pages of **Hesi For Fundamentals Of Nursing** a marvelous fictional value overflowing with organic feelings, lies an immersive symphony waiting to be embraced. Crafted by a masterful musician of language, this fascinating masterpiece conducts viewers on a psychological journey, skillfully unraveling the hidden songs and profound affect resonating within each cautiously constructed phrase. Within the depths with this touching evaluation, we will examine the book is main harmonies, analyze its enthralling writing style, and submit ourselves to the profound resonance that echoes in the depths of readers souls.

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