



GRADE 10 LIFE SCIENCES MARCH TEST

SECTION A

QUESTION 1

- 1.1 Various options are provided as possible answers to the following questions. Choose the correct answer and write **ONLY** the **LETTER** (A-D) next to the **QUESTION NUMBER** (1.1.1-1.1.4) from your folio paper. Example: 1.1.1-2.

On 10 January, researchers conducted an investigation over a period of time, every afternoon at noon, to determine the wind speed at various altitudes.

Answer question 1.1.1-1.1.4 using the above-mentioned statement.

- 1.1.1 Which of the following options would be the independent variable?
- Wind speed
 - Altitude
 - The weather
 - Location of the
- 1.1.2 Which of the following options would be considered the dependent variable?
- Wind speed
 - Altitude
 - The weather
 - Location of the
- 1.1.3 Which of the following options would be a fixed variable?
- Wind speed
 - Altitude
 - The weather
 - Location of the
- 1.1.4 The following is **NOT** an abiotic factor in the ecosystem of a grasshopper.
- The climate
 - The grasshopper's food source
 - The grasshopper's habitat
 - The grasshopper's body color

- 1.1.5 Which of the following is the most appropriate example of a population?

- All organisms in a pond
- All the grasshoppers in a field
- All the grasshoppers in a field
- All the grasshoppers in a field

[2-4]

- 1.2 Give the correct **BIOLOGICAL TERM** for each of the following statements. Write **ONLY** the **TERM** next to the **QUESTION NUMBER** (1.2.1-1.2.4).

- 1.2.1 A group of individuals of the same species living in the same area.
- 1.2.2 A group of individuals of the same species living in the same area.
- 1.2.3 A group of individuals of the same species living in the same area.
- 1.2.4 A group of individuals of the same species living in the same area.

[2-4]

- 1.3 Indicate whether each of the statements in **COLUMN I** applies to **A ONLY**, **B ONLY**, **BOTH A and B** or **NONE** of the items in **COLUMN II**. Write **A ONLY**, **B ONLY**, **BOTH A and B** or **NONE** next to the **QUESTION NUMBER** (1.3.1-1.3.3).

	COLUMN I	COLUMN II
1.3.1	Location of the Serebia Island in South Africa	A. Climate
1.3.2	Climate refers to	B. Weather
1.3.3	Stated that the wind speed is recorded in the atmosphere	A. Climate

[2-4]
TOTAL SECTION A = 20

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mar 24 2020 1 routes at home or in a park flag football players can practice running different routes on their own simple

routes such as 5 yard curls out routes and deep routes are good ones to practice a 5 yard curl route consists of the player running in a straight line and then turning around to catch the ball

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oct 10 2022 flag football drills are going to be the bulk of your planning this is where players learn basic flag football skills develop their technique and fine tune their offensive and defensive strategies that said we like to divide flag football drills into three buckets drills that teach fundamental skills like passing receiving and footwork

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this study investigated the criterion related validity of past performance and physical ability tests over time in a physically demanding context the national football league nfl results suggested that an indicator of past performance collegiate performance engendered a stronger relationship with future nfl performance than a variety of

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the flag football practice plan outlined above is used for the first practice after a game during all other practices i replace the film screening and weight training with a solid rotation of position drills and special teams

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breaking in the direction of sidelines after a catch and catching the ball at the highest possible point is important in flag football drills and plans flag football drills should also include strengthening the defense in situations like a hand off and

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in the first half of the book we have drills for passing catching footwork basic blocking and tackling or flag pulling positional skills and drills for both offense and defense we ll divide these drills into three categories basic football skills passing catching kicking and footwork

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be organized have a plan ready before football practice that includes warm up drills and a scrimmage have structure to your flag football practice each activity should have a time limit and meaning stick to the basics of youth flag football don t over complicate your practices and flag football plays

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effective practicing have a plan showing up to practice with a plan or script for how things should be run is a way to take pressure off of you and your coaching staff and will provide your players with constant instruction and interaction the following different drills will address areas of the game of flag football o o x x

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