



# ***mountain bike*** **MAINTENANCE**



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**GUY ANDREWS**  
FOREWORD BY GARY FISHER

# Mountain Bike Repair Manual

**Chris Sidwells**



## **Mountain Bike Repair Manual:**

Bicycle Repair Manual Chris Sidwells, 2017-07-18 From regular maintenance for optimum performance to emergency repairs this illustrated guide is the perfect handbook for beginners and experienced cyclists alike The Bike Repair Manual is packed with insightful information on the anatomy and functioning of all types of bikes road racing mountain hybrid BMX and children s Step by step sequences show you how to carry out repairs from vital servicing to improving your bike s performance both on and off road Learn how to maintain the main elements such as brakes drivetrain and steering as well as the complex components including hub gears hydraulic brakes and suspension forks Detailed chapters cover everything from the correct safe way to set up your bike and the must have kit for successful repairs to troubleshooters for keeping your bike in top form Featuring easy to follow photographic tutorials and handy add ons such as a step locator and toolbox Bike Repair Manual is the essential guide for every cyclist

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Roadside Mountain Bike Maintenance Manual Guy Andrews, Mike Davis, 2014 A take along guide with step by step illustrated instructions for maintaining and repairing road bikes including photographs of the latest equipment tools and techniques

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