



Escuela de Prevención de Riesgos  
Calidad y Ambiente

## **Clase N°14**

### **Metodología MAC** (Manual Handling Assessment Charts – HSE 2003)

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SOCHERGO.



Esta metodología, es definida como una “herramienta de inspección”, pues fue desarrollada para su uso en terreno por parte de los inspectores de esta institución del gobierno inglés.

La metodología MAC, utiliza una escala cuantitativa para medir el riesgo y un código de colores para calificar cada factor. Está basada en antecedentes de biomecánica, psicofísica y factores del entorno físico del proceso.

# Mac Manual Part 2

**DP Hallahan**



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