



THE MUSCULAR SYSTEM

Muscles, the specialized tissues that facilitate body movement, make up about 40% of body weight. Most body muscle is the voluntary type, called skeletal muscle because it is attached to the bony skeleton. Skeletal muscle contributes to body contours and shape, and it composes the organ system called the muscular system. These muscles allow you to grin, frown, run, swim, shake hands, swing a hammer, and to otherwise manipulate your environment. The balance of body muscle is smooth and cardiac muscles, which form the bulk of the walls of hollow organs and the heart. Smooth and cardiac muscles are involved in the transport of materials within the body.

Study activities in this chapter deal with microscopic and gross structure of muscle, identification of voluntary muscles, body movements, and important understandings of muscle physiology.

OVERVIEW OF MUSCLE TISSUES

1. Nine characteristics of muscle tissue are listed below and on page 104. Identify the muscle tissue type described by choosing the correct response(s) from the key choices. Enter the appropriate term(s) or letter(s) of the key choice in the answer blank.

Key Choices

A. Cardiac

B. Smooth

C. Skeletal

- | | |
|-------|--|
| _____ | 1. Involuntary |
| _____ | 2. Banded appearance |
| _____ | 3. Longitudinally and circularly arranged layers |
| _____ | 4. Dense connective tissue packaging |
| _____ | 5. Figure-8 packaging of the cells |
| _____ | 6. Coordinated activity to act as a pump |



Muscular System Coloring Workbook

Marco Cascella

A red circular graphic with a gradient, appearing as a partial circle or a thick arc, located to the right of the author's name.

Muscular System Coloring Workbook:

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Table of Contents Muscular System Coloring Workbook

1. Understanding the eBook Muscular System Coloring Workbook
 - The Rise of Digital Reading Muscular System Coloring Workbook
 - Advantages of eBooks Over Traditional Books
2. Identifying Muscular System Coloring Workbook
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Muscular System Coloring Workbook
 - User-Friendly Interface
4. Exploring eBook Recommendations from Muscular System Coloring Workbook
 - Personalized Recommendations
 - Muscular System Coloring Workbook User Reviews and Ratings
 - Muscular System Coloring Workbook and Bestseller Lists
5. Accessing Muscular System Coloring Workbook Free and Paid eBooks
 - Muscular System Coloring Workbook Public Domain eBooks
 - Muscular System Coloring Workbook eBook Subscription Services
 - Muscular System Coloring Workbook Budget-Friendly Options

6. Navigating Muscular System Coloring Workbook eBook Formats
 - ePub, PDF, MOBI, and More
 - Muscular System Coloring Workbook Compatibility with Devices
 - Muscular System Coloring Workbook Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Muscular System Coloring Workbook
 - Highlighting and Note-Taking Muscular System Coloring Workbook
 - Interactive Elements Muscular System Coloring Workbook
8. Staying Engaged with Muscular System Coloring Workbook
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Muscular System Coloring Workbook
9. Balancing eBooks and Physical Books Muscular System Coloring Workbook
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Muscular System Coloring Workbook
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Muscular System Coloring Workbook
 - Setting Reading Goals Muscular System Coloring Workbook
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Muscular System Coloring Workbook
 - Fact-Checking eBook Content of Muscular System Coloring Workbook
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements

- Interactive and Gamified eBooks

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