

Week 1

Diagnostics/Review

Part 1: Diagnostics

- ☐ Take the Pre-diagnostics for all subjects:

- ☐ Math
- ☐ Grammar
- ☐ Vocabulary
- ☐ Biology
- ☐ Reading
- ☐ Anatomy & Physiology (AAP)

- ☐ Review your results:

For topics where you scored well, identify areas the program can help you with. Review the material that you did well on to keep it fresh.

For topics where you scored low, focus your attention on these topics and study them well for all of the material covered in class throughout the month leading up to your exam.

For topics where you scored well, you should focus on the material for review. For topics where you scored low, you should focus on the material for review. For topics where you scored well, you should focus on the material for review.

For topics where you scored well, you should focus on the material for review. For topics where you scored low, you should focus on the material for review. For topics where you scored well, you should focus on the material for review.

Part 2: Reviewing Each Subject

In addition to the diagnostic tests, begin to review the following subjects during Week 1:

- ☐ Math
 - ☐ Preliminary Skills
- ☐ Grammar
 - ☐ Identify Parts of Speech (Lessons 1-3)
- ☐ Biology
 - ☐ Cells, Water
- ☐ Reading
 - ☐ Identifying the Main Idea
- ☐ AAP
 - ☐ General Anatomy and Physiology
 - ☐ Histology
 - ☐ Integumentary System



For ALL Content Areas, Review Notes from the Previous Weeks



Weeks 2-7

Week 2

- ☐ Math
 - ☐ Whole Numbers
 - ☐ Decimals
- ☐ Grammar
 - ☐ Identify Parts of Speech (Lessons 4-7)
- ☐ Vocabulary
 - ☐ 2 options
- ☐ Biology
 - ☐ Cell and Cellular Reproduction
- ☐ Reading
 - ☐ Identifying the Supporting Details
- ☐ AAP
 - ☐ Skeletal System

Week 3

- ☐ Math
 - ☐ Fractions
- ☐ Grammar
 - ☐ Identify Parts of Speech (Lessons 8-9)
 - ☐ Understanding Sentence Structure (Lessons 10-11)
- ☐ Vocabulary
 - ☐ 2 options
- ☐ Biology
 - ☐ Molecules, Metabolism
- ☐ Reading
 - ☐ Find Meaning of Words in Context
- ☐ AAP
 - ☐ Muscular System
 - ☐ Nervous System

Week 4

- ☐ Math
 - ☐ Converting Between Fractions and Decimals
- ☐ Grammar
 - ☐ Understanding Sentence Structure (Lessons 12-13)
 - ☐ Identifying Common Grammar Mistakes (Lessons 14-15)
- ☐ Vocabulary
 - ☐ 2 options
- ☐ Biology
 - ☐ Pharmacokinetics
- ☐ Reading
 - ☐ Analyzing the Author's Purpose and Point of View
- ☐ AAP
 - ☐ Circulatory System

Week 5

- ☐ Math
 - ☐ Ratios and Proportions
 - ☐ Percentages
- ☐ Grammar
 - ☐ Identifying Common Grammar Mistakes (Lessons 16-17)
- ☐ Vocabulary
 - ☐ 2 options
- ☐ Biology
 - ☐ Cellular Reproduction
- ☐ Reading
 - ☐ Distinguishing Between Fact & Opinion
- ☐ AAP
 - ☐ Respiratory System
 - ☐ Endocrine System

Week 6

- ☐ Math
 - ☐ Conversions
 - ☐ Elementary Algebra
- ☐ Grammar
 - ☐ Identifying Common Grammar Mistakes (Lessons 18-20)
- ☐ Vocabulary
 - ☐ 2 options
- ☐ Biology
 - ☐ Genes
 - ☐ DNA
- ☐ Reading
 - ☐ Making Logical Inferences
- ☐ AAP
 - ☐ Digestive System
 - ☐ Urinary System

Week 7

- ☐ Math
 - ☐ Practice Tests
- ☐ Grammar
 - ☐ Practice Tests
- ☐ Vocabulary
 - ☐ Practice Tests
- ☐ Biology
 - ☐ Cells
 - ☐ Protein Synthesis
- ☐ Reading
 - ☐ Practice Tests
- ☐ AAP
 - ☐ Reproductive System
 - ☐ Lymphatic System

Week 8

Final Review

- ☐ Math
 - ☐ Study Notes Taken Throughout the HESI Math Review Series
- ☐ Grammar
 - ☐ Study Notes Taken Throughout the HESI Grammar Review Series
- ☐ Vocabulary
 - ☐ Study Notes Taken Throughout the HESI Vocabulary Review Series and from the Simulated Practice Test
- ☐ Biology
 - ☐ Practice Tests
- ☐ Reading
 - ☐ Study Notes Taken Throughout the HESI Reading Review Series
- ☐ AAP
 - ☐ Practice Tests

If Chemistry or Physics are part of your HESI Exams, add these subjects to your study plan:

Chemistry

- Week 9: Diagnostic Test, Scientific Notation
- Week 9: Chemical Reactions, Oxidation & Reduction
- Week 9: Reaction Rates, Atomic Structure
- Week 9: Acids & Bases
- Week 9: Equilibrium Reactions, States of Matter
- Week 9: Nuclear Chemistry
- Week 9: Solutions & Solution Concentration
- Week 9: Practice Tests

Physics

- Week 9: Diagnostic Test
- Week 9: Uniform Circular Motion, Kinetic & Potential Energy
- Week 9: Nature of Motion, Acceleration
- Week 9: Universal Gravitation, Waves & Sound
- Week 9: Projectile Motion, Newton's Laws of Motion
- Week 9: The Nature of Electricity, Magnetism & Electromagnetism
- Week 9: Friction, Rotation
- Week 9: Practice Tests

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