

Pharmacology Cheat Sheet

BEAUTIFUL NURSING LLC

RIGHTS OF MED ADMIN

- Right Medication
- Right Patient
- Right Dose
- Right Route
- Right Time
- Right Documentation

6



NCLEX TIP: Always have a second nurse verify the dosage of a HICKOP med.

- H:** Heparin **I:** Insulin **C:** Chemo
K: Potassium **O:** Opioids **P:** Pediatric/ Neonatal

ROUTES

- Mouth: Oral "PO"
- Sublingual: Under Tongue
- Ophthalmic: Eyes
- Buccal: Between Cheek and Gum
- Transdermal: Skin "Topical"
- Otic: Ears (<3 yrs ears down & back, >3 yrs up & back)
- Rectal: Buttocks
- IM= Intramuscular 90° angle
- SQ = Subcutaneous 45° angle
- IV = Intravenous 25° angle
- ID = Intradermal 10-15° angle

BASICS

- Generic Name: The one official name assigned by US. Ex: Ibuprofen
- Trade Name: "Brand Name" are the many names assigned by companies that manufacture them. Ex: Advil or Motrin
- Therapeutic Class: What is being treated by drug.
- Pharmacologic Class: Describes how drug acts.

TOXIC DRUG LEVELS:

>2 ng DIGOXIN	>2 mEq LITHIUM	>20 mcg THEOPHYLLINE	>20 mcg PHENYTOIN	>20 mg AMITRIPTYLINE	>250 mg SALICYLATES	>250 mcg ACETAMINOPHEN
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ANTIDOTES & RECEPTORS:

Acetaminophen = Acetylcysteine Aspirin = Sodium Bicarbonate Benzodiazepines = Flumazenil	Beta Blockers = Glucagon Digoxin = Digoxin Immune Fab Heparin = Protamine Sulfate	Insulin = Glucose Magnesium Sulfate = Calcium Gluconate Methanol = Ethanol	Opiates = Naloxone Tricyclics = Sodium Bicarbonate Warfarin = Vitamin K	Alpha 1: Constrict Arteries Beta 1: Constrict Heart Vessels Alpha 2: Dilate Arteries Beta 2: Dilate Lungs
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CH Cherryholmes



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Core Curriculum for Pain Management Nursing - E-Book ASPMN, 2024-05-15 Prepare for the nurse's role in assessing and managing pain Core Curriculum for Pain Management Nursing 4th Edition uses an easy to read outline format to cover the entire scope of pain management Written by the American Society of Pain Management Nurses ASPMN the leading nursing organization in pain management this review begins with foundational concepts and follows with guidelines and tools for effective pain assessment Coverage of evidence based pain management strategies and therapies is included for all patient types and ages Updated to reflect current best practices in nursing this book provides an excellent review for the ASPMN pain management certification exam and the RN BC credentialing exam Content written by ASPMN ensures that information includes the latest in education research standards and practice as well as a thorough review for the ASPMN certification exam and the RN BC credentialing exam Both pharmacologic and non pharmacologic methods of pain management are described Comprehensive coverage includes adult pediatric and geriatric patients along with key subsets of patients such as those who have concomitant addiction those who have cancer and those who are under sedation for a procedure Wide ranging content includes disparities in pain management the roles of the clinical nurse specialist as well as the nurse practitioner theories of pain management the use of research gender differences in how men and women respond to pain and analgesia and the effect of depression on pain perception and management Strong nursing focus provides guidelines for the nurse's role in pain management and in improving the quality of patient care Easy to read outline format makes this book a quick and accessible reference NEW Updated content includes the latest changes in clinical practice including pharmacologic and non pharmacologic pain interventions integrative and complementary therapies and the current ANA scope and standards of practice NEW Revised chapters include Mental Health Disorders and Pain and Managing Pain in the Context of Substance Use Disorder NEW Cannabis Use in Pain Management chapter is added to this edition NEW Reorganized content better highlights the complexity of assessment and management of pain NEW two color design illustrations and summary tables are added throughout the book making difficult concepts easier to understand and remember

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