

MEAT & POULTRY

TEMPERATURE GUIDE

Chicken & Turkey



PARTS

165 breast

165-175 thigh



Beef & Lamb



MEDIUM RARE

130-135



Pork



*Temperatures are in degrees Fahrenheit

Meat And Poultry Guide

**Joshua Applestone, Jessica
Applestone, Alexandra Zissu**



Meat And Poultry Guide:

The Meat Buyers Guide NAMP North American Meat Processors Association, 2006-09-18 For well over sixty years the North American Meat Processors Association NAMP has provided the foodservice industry with reliable guidelines for purchasing meat The Meat Buyer's Guide Beef Lamb Veal Pork and Poultry maintains the authoritative information professionals expect and by including information from The Poultry Buyer's Guide in this new edition it offers a complete single source reference for every facility's meat buying needs This new edition of The Meat Buyer's Guide features New uses for muscles in meat carcasses New trim cut and processing options More than 60 new photographs NORTH AMERICAN MEAT PROCESSORS ASSOCIATION is a nonprofit trade association comprised of meat processing companies and associates who share a continuing commitment to provide their customers with reliable and consistent high quality meat poultry seafood game and other food products NAMP Member Companies provide unparalleled service to their customers through their unique meat product offerings and premium distribution systems They are meat experts who satisfy their customer's needs with quality products professionalism and reliability Look for the NAMP symbol when deciding on a meat and food supplier To find a NAMP Meat Specialist near you visit www.namp.com CUSTOMIZE THE MEAT BUYER'S GUIDE To purchase customized copies of The Meat Buyer's Guide featuring your company's logo please call 201 748 7771 or email jamaral.wiley.com

Meat and Poultry Products, 1981 The Butcher's Guide to Well-Raised Meat Joshua Applestone, Jessica Applestone, Alexandra Zissu, 2011-06-07 The definitive guide to buying cutting and cooking local and sustainable meats from the owners of Applestone Meat Company and the founders of Fleisher's Grass Fed and Organic Meats The butcher has reemerged in American culture as an essential guide in avoiding the evils of industrial meat which not only tastes bad but is also bad for one's health and for the environment Joshua and Jessica Applestone a former vegan and vegetarian are trailblazers in this arena They owned Fleisher's an old school butcher shop with a modern day mission sourcing and selling only grass fed and organic meat The Applestones return to the nearly lost tradition of the buying and nose to tail carving of whole animals all humanely raised close to their shop in New York's Hudson Valley has helped to make them rising stars in the food world The Butcher's Guide to Well Raised Meat is a compendium of their firsthand knowledge This unique book a guide memoir manifesto and reference in one shares everything one needs to know about well raised meat including why pastured meats are so much better than conventional ones and how to perfectly butcher and cook them at home Readers will learn which cut of steak to look for as an alternative to the popular hanger of which each steer has only one how to host a driveway pig roast and even how to break down an entire lamb or just butterfly the shoulder all with accompanying step by step photographs Differences among breeds and ideal cooking methods for various cuts and offal are covered and the Applestones decoding of misleading industry terminology and practices will help consumers make smarter healthier purchases that can also help change what's wrong with meat in America today Complete with color and black and

white photographs illustrations and more than a dozen recipes The Butcher s Guide to Well Raised Meat is the definitive guide to eating great meat responsibly Meat Buyer's Guide for Main Street Meats NAMP North American Meat Processors Association,2007-03 A manual to meat and poultry identification It offers a reference for every facility s meat buying needs It features uses for muscles in meat carcasses trim cut and processing options and more than 60 photographs

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