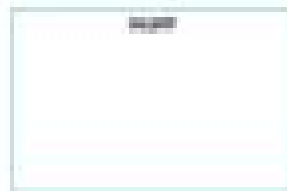


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taekwon do is a korean martial art involving punching and kicking techniques the literal translation for taekwondo is kicking punching and the art or way of

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