

BULLYING.

By: Kristine Laurio & Hermina Palacios

6th Period

Bullying isn't just punching someone in the face or someone calling you names. Bullying is a lot more than that. There are different types of bullying. Here are some examples, physical, verbal, indirect, social alienation, and cyber bullying. Did you know that an estimated 200 million children and youth around the world are being bullied? It's true that much people are being bullied.

Physical bullying is any kind of physical contact that could hurt someone. Like punching, pushing, kicking, hitting, and more. For example, if someone came up to you and shoved you to the ground that would be physical bullying. If someone just punched you in the face it would be physical bullying. Even if someone's poking you and you don't like it that's physical bullying.

Verbal bullying is name calling, making offensive remarks, or joking about someone's race, religion, social status, gender, or the way that they look. 46.5% of bullying in schools is verbal bullying. If someone made fun of the way you look that's verbal bullying. If someone called you stupid that's verbal bullying. Verbal aggression is when a bully teases someone. It is also making verbal threats of violence or aggression against someone's personal property.

Indirect bullying is spreading rumors about someone, gossiping about it, and excluding others from groups. Indirect bullying is 18.5% of all bullying. If you spread a rumor about a girl in class just because you thought it was funny or if it was because you didn't like her that would be indirect bullying.

Social alienation is when a bully excludes someone from a group on purpose. It also includes spreading rumors, or pointing out someone else's differences. For example if a group of people didn't want to hang out with this girl from their class because they thought she was weird, that would be social alienation.

Intimidation is when a bully threatens or intimidates someone else enough to get the person to do what they want. For example if you told a person to give you money or

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