



Natural Skin Bleach Recipe

Dr. Blossom Kochhar



Natural Skin Bleach Recipe:

Natural Skin and Body Care - Keeping Your Skin Healthy Dueep J. Singh, John Davidson, 2015-01-08 Natural Skin and Body Care Keeping Your Skin Healthy Table of Contents Introduction Knowing More about Your Skin Natural Skincare Products in the Market Traditional Oatmeal wash Getting Rid of Wrinkles Tips for a Healthy Youthful Skin Cabbage and Yeast Ice water Treatment Detoxification Diet Carrot Juice Rice Powder Treatment How to Use Honey and Water Skin Snacks for Your Body Best Night Time Skin Lotion Moisturizer Cleanser Patchy and Rough Skin Rosewater Slow Sun Method Quick Kitchen Method Method Two Giving Luster to Your Skin Skin Bleachers Orange Peel Almond Bleacher Natural Hand Lotion Protective Foot Powder Natural Deodorant Conclusion Authors Bio Publisher Introduction Have you noticed that everybody who is self conscious and beauty conscious is very careful about applying makeup which focuses on the face but they do not bother much about skin and body care for the rest of the body That is the reason why you may have skin tones a shade or two lighter than the rest of your body because you have been bleaching it or slathering sunscreen lotion on it Just go into the shower and do a careful survey of the rest of your body You are going to be surprised to see parts of it which have been neglected for ages In fact let me admit it I find rubbing and scrubbing the lower extremities below the knee a big bore because I have to bend over so much to get to my knees ankles and feet Even sitting down and lifting them up in order to scrub them is a major headache You may think this reason so absurd According to me I think it perfectly reasonable Believe it or not most of us have some silly excuse or reason to justify why we neglect major portions of our body so much That is why we have rough elbows and rough knees and perhaps neglected feet especially the dead cells around the soles and so on So this book is going to tell you many natural skin and body care tips and techniques which you can use easily on your body Remember your face may be your fortune but the rest of your body is equally important So remember to cherish it

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