

TEST BANK FOR WILLIAMS BASIC NUTRITION AND DIET THERAPY 16TH EDITION BY NIX WILLIAM

Chapter 01: Food, Nutrition, and Health

Nix: Williams' Basic Nutrition and Diet Therapy, 16th Edition

MULTIPLE CHOICE

- Promoting a health care service that improves diabetes management for the elderly in a community would assist in which of the following?
 - Supporting the national health goals *Healthy People 2020*
 - Reducing hunger in a subset of the United States population
 - Improving Medicare reimbursement claims
 - Providing access to primary health care services

ANS: A

Healthy People 2020 has a wide influence and is the focus of the nation's main objective to promote health and prevent disease.

DIF: Cognitive Level: Application

REF: p. 2

TOP: Nursing Process: Implementation
MSC: NCLEX: Health Promotion and Maintenance

MSC: NCLEX: Health Promotion and Maintenance

- A patient requires a nutrition assessment. The most appropriate professional to perform the assessment is a
 - physician.
 - nurse.
 - public health nutritionist.
 - registered dietitian.

ANS: D

The registered dietitian is the nutrition expert registered with the Commission of Dietetic Registration (CDR), the certifying agency of Academy of Nutrition and Dietetics. Registered dietitians are the only professionals who have met strict educational and professional prerequisites and passed a national registration examination that properly prepares them to conduct a nutrition assessment.

DIF: Cognitive Level: Application

REF: p. 1 TOP: Nursing Process: Assessment

MSC: NCLEX: Safe and Effective Care Environment: Management of Care

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Sabine Zange



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Table of Contents Elsevier Test Bank Questions Nutrition

1. Understanding the eBook Elsevier Test Bank Questions Nutrition
 - The Rise of Digital Reading Elsevier Test Bank Questions Nutrition
 - Advantages of eBooks Over Traditional Books
2. Identifying Elsevier Test Bank Questions Nutrition
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Elsevier Test Bank Questions Nutrition
 - User-Friendly Interface
4. Exploring eBook Recommendations from Elsevier Test Bank Questions Nutrition
 - Personalized Recommendations
 - Elsevier Test Bank Questions Nutrition User Reviews and Ratings
 - Elsevier Test Bank Questions Nutrition and Bestseller Lists
5. Accessing Elsevier Test Bank Questions Nutrition Free and Paid eBooks
 - Elsevier Test Bank Questions Nutrition Public Domain eBooks
 - Elsevier Test Bank Questions Nutrition eBook Subscription Services
 - Elsevier Test Bank Questions Nutrition Budget-Friendly Options

6. Navigating Elsevier Test Bank Questions Nutrition eBook Formats
 - ePub, PDF, MOBI, and More
 - Elsevier Test Bank Questions Nutrition Compatibility with Devices
 - Elsevier Test Bank Questions Nutrition Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Elsevier Test Bank Questions Nutrition
 - Highlighting and Note-Taking Elsevier Test Bank Questions Nutrition
 - Interactive Elements Elsevier Test Bank Questions Nutrition
8. Staying Engaged with Elsevier Test Bank Questions Nutrition
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Elsevier Test Bank Questions Nutrition
9. Balancing eBooks and Physical Books Elsevier Test Bank Questions Nutrition
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Elsevier Test Bank Questions Nutrition
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Elsevier Test Bank Questions Nutrition
 - Setting Reading Goals Elsevier Test Bank Questions Nutrition
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Elsevier Test Bank Questions Nutrition
 - Fact-Checking eBook Content of Elsevier Test Bank Questions Nutrition
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
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