
NHA Medical Assisting Module 4: Nutrition

A medical assistant is reviewing dietary minerals with a patient. The assistant should identify which of the following minerals as being essential for blood coagulation? - **correct answer** Calcium

A medical assistant is collecting information from a patient prior to a physical examination. Which of the following details disclose by the patients should the assistant recognize as an indication of bulimia nervosa? - **correct answer** Laxative use

Which of the following foods should a medical assistant recommend to a patient who needs to increase her dietary intake of vitamin A? - **correct answer** Oranges

A medical assistant is reviewing nutritional guidelines with a patient who is following a high-protein diet. Which of the following statements should the assistant make? - **correct answer** Without sufficient carbohydrates and fats, the body will burn protein for energy

A medical assistant should identify that which of the following manifestations differentiates binge eating disorder from bulimia nervosa? - **correct answer** Avoiding self-induced vomiting

A medical assistant is encouraging a patient to increase her intake of fiber. Which of the following foods should the assistant recommend? - **correct answer** Apples

A medical assistant is reviewing a daily diet with a patient. Which of the following foods should the assistant recommend to help the patient increase his intake of vitamin D? - **correct answer** Fish

A medical assistant is reviewing the dietary intake of a patient who is lactose intolerant. Which of the following foods should the assistant remind the patient to reduce or avoid? - **correct answer** cream cheese

A medical assistant is explaining how to understand nutritional information on food labels to a patient. Which of the following statements should the assistant make? - **correct answer** The amount of each nutrient is expressed in weight per serving and as a percentage of the daily value.

A medical assistant is preparing a patient for an examination. Which of the following findings should the assistant recognize as an indication of anorexia nervosa? - **correct answer** protruding bones

Medical Assistant Module E Answers

Marco Cascella



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Medical Assistant Module E Answers Book Review: Unveiling the Power of Words

In a global driven by information and connectivity, the power of words has are more evident than ever. They have the capacity to inspire, provoke, and ignite change. Such could be the essence of the book **Medical Assistant Module E Answers**, a literary masterpiece that delves deep into the significance of words and their impact on our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall affect readers.

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