

HESI MEDICAL SURGICAL STUDY GUIDE 2023 - HEMATEMESIS INFORMATION NURSING PROCESSES

Please use this guide as such, a guide however remember to utilize the basics, the nursing process, ABC's and prioritize accordingly.

- Hematemesis (vomiting blood) – typically upper GI bleed
 - a. What to assess?
 - i. Remember ABC's (pt having diff breathing?), check vital signs first
 - ii. Assess stool (blood present? – if so, what color. Dark red = upper GI bleed, usually more serious)
 - iii. Check if they are on iron supplements
 - iv. Worried about hypovolemic shock
 - 1. S/S: restlessness, agitation, inc HR and RR, cool, pale, sweaty
- Open vs Close angle glaucoma
 - b. Def: condition characterized by inc intraocular pressure (IOP > 22 mmHg) r/t aqueous fluid being inadequately drained from eye & gradual painless vision loss. Generally asymptomatic in early stages (seen in reg eye exam)
 - i. No cure, can be treated pharmacologically and surgically
 - c. Patient teaching
 - i. Develop a teaching plan that includes the following: (p. 131)
 - 1. Careful adherence to eye-drop regimen can prevent blindness
 - 2. Vision already lost cannot be restored
 - 3. Eyes drops are needed for rest of life
 - a. Eye drops used to cause pupillary constriction – mvmnt
 - 4. ***Proper eye-drop instillation technique. Obtain a return demonstration.
 - a. Wash hands and external eye
 - b. Tilt head back slightly
 - c. Instill drop into lower lid, s touching the lid c the tip of the dropper
 - d. Release lid, and sponge excess fluid from lid and cheek
 - e. Close eye gentle, and leave closed for 3-5 min
 - f. Apply gentle pressure on inner canthus to decrease systemic absorption
 - g. (Caution: Vision may be blurred for 1-2 hrs post admin and adaption to dark environments difficult r/t pupillary constriction (FALL RISK))
 - i. Blurring tends to dec c inc use of meds

Medical Surgical Hesi Study Guide

Kathleen Armour



Medical Surgical Hesi Study Guide:

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