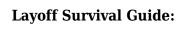
# LAYOFF SURVIVAL



# **Layoff Survival Guide**

**Brendan G. Carr** 



Unveiling the Magic of Words: A Overview of "Layoff Survival Guide"

In a global defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their ability to kindle emotions, provoke contemplation, and ignite transformative change is truly awe-inspiring. Enter the realm of "**Layoff Survival Guide**," a mesmerizing literary masterpiece penned with a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve in to the book is central themes, examine its distinctive writing style, and assess its profound effect on the souls of its readers.

https://staging.conocer.cide.edu/results/browse/index.jsp/enciclopedia\_de\_la\_salud\_que\_debemos\_hacer\_para\_disfrutar\_de\_u na\_buena\_salud.pdf

## **Table of Contents Layoff Survival Guide**

- 1. Understanding the eBook Layoff Survival Guide
  - The Rise of Digital Reading Layoff Survival Guide
  - Advantages of eBooks Over Traditional Books
- 2. Identifying Layoff Survival Guide
  - Exploring Different Genres
  - o Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Layoff Survival Guide
  - User-Friendly Interface
- 4. Exploring eBook Recommendations from Layoff Survival Guide
  - Personalized Recommendations
  - Layoff Survival Guide User Reviews and Ratings

- Layoff Survival Guide and Bestseller Lists
- 5. Accessing Layoff Survival Guide Free and Paid eBooks
  - Layoff Survival Guide Public Domain eBooks
  - Layoff Survival Guide eBook Subscription Services
  - o Layoff Survival Guide Budget-Friendly Options
- 6. Navigating Layoff Survival Guide eBook Formats
  - o ePub, PDF, MOBI, and More
  - Layoff Survival Guide Compatibility with Devices
  - Layoff Survival Guide Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - o Adjustable Fonts and Text Sizes of Layoff Survival Guide
  - Highlighting and Note-Taking Layoff Survival Guide
  - o Interactive Elements Layoff Survival Guide
- 8. Staying Engaged with Layoff Survival Guide
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Layoff Survival Guide
- 9. Balancing eBooks and Physical Books Layoff Survival Guide
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Layoff Survival Guide
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Layoff Survival Guide
  - Setting Reading Goals Layoff Survival Guide
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Layoff Survival Guide
  - Fact-Checking eBook Content of Layoff Survival Guide
  - Distinguishing Credible Sources

- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

#### **Layoff Survival Guide Introduction**

In this digital age, the convenience of accessing information at our fingertips has become a necessity. Whether its research papers, eBooks, or user manuals, PDF files have become the preferred format for sharing and reading documents. However, the cost associated with purchasing PDF files can sometimes be a barrier for many individuals and organizations. Thankfully, there are numerous websites and platforms that allow users to download free PDF files legally. In this article, we will explore some of the best platforms to download free PDFs. One of the most popular platforms to download free PDF files is Project Gutenberg. This online library offers over 60,000 free eBooks that are in the public domain. From classic literature to historical documents, Project Gutenberg provides a wide range of PDF files that can be downloaded and enjoyed on various devices. The website is user-friendly and allows users to search for specific titles or browse through different categories. Another reliable platform for downloading Layoff Survival Guide free PDF files is Open Library. With its vast collection of over 1 million eBooks, Open Library has something for every reader. The website offers a seamless experience by providing options to borrow or download PDF files. Users simply need to create a free account to access this treasure trove of knowledge. Open Library also allows users to contribute by uploading and sharing their own PDF files, making it a collaborative platform for book enthusiasts. For those interested in academic resources, there are websites dedicated to providing free PDFs of research papers and scientific articles. One such website is Academia.edu, which allows researchers and scholars to share their work with a global audience. Users can download PDF files of research papers, theses, and dissertations covering a wide range of subjects. Academia.edu also provides a platform for discussions and networking within the academic community. When it comes to downloading Layoff Survival Guide free PDF files of magazines, brochures, and catalogs, Issuu is a popular choice. This digital publishing platform hosts a vast collection of publications from around the world. Users can search for specific titles or explore various categories and genres. Issuu offers a seamless reading experience with its user-friendly interface and allows users to download PDF files for offline reading. Apart from dedicated platforms, search engines also play a crucial role in finding free PDF files. Google, for instance, has an advanced search feature that allows users to filter results by file type. By specifying the file type as "PDF," users can find websites that offer

free PDF downloads on a specific topic. While downloading Layoff Survival Guide free PDF files is convenient, its important to note that copyright laws must be respected. Always ensure that the PDF files you download are legally available for free. Many authors and publishers voluntarily provide free PDF versions of their work, but its essential to be cautious and verify the authenticity of the source before downloading Layoff Survival Guide. In conclusion, the internet offers numerous platforms and websites that allow users to download free PDF files legally. Whether its classic literature, research papers, or magazines, there is something for everyone. The platforms mentioned in this article, such as Project Gutenberg, Open Library, Academia.edu, and Issuu, provide access to a vast collection of PDF files. However, users should always be cautious and verify the legality of the source before downloading Layoff Survival Guide any PDF files. With these platforms, the world of PDF downloads is just a click away.

#### **FAQs About Layoff Survival Guide Books**

How do I know which eBook platform is the best for me? Finding the best eBook platform depends on your reading preferences and device compatibility. Research different platforms, read user reviews, and explore their features before making a choice. Are free eBooks of good quality? Yes, many reputable platforms offer high-quality free eBooks, including classics and public domain works. However, make sure to verify the source to ensure the eBook credibility. Can I read eBooks without an eReader? Absolutely! Most eBook platforms offer webbased readers or mobile apps that allow you to read eBooks on your computer, tablet, or smartphone. How do I avoid digital eye strain while reading eBooks? To prevent digital eye strain, take regular breaks, adjust the font size and background color, and ensure proper lighting while reading eBooks. What the advantage of interactive eBooks? Interactive eBooks incorporate multimedia elements, quizzes, and activities, enhancing the reader engagement and providing a more immersive learning experience. Layoff Survival Guide is one of the best book in our library for free trial. We provide copy of Layoff Survival Guide in digital format, so the resources that you find are reliable. There are also many Ebooks of related with Layoff Survival Guide. Where to download Layoff Survival Guide online for free? Are you looking for Layoff Survival Guide PDF? This is definitely going to save you time and cash in something you should think about. If you trying to find then search around for online. Without a doubt there are numerous these available and many of them have the freedom. However without doubt you receive whatever you purchase. An alternate way to get ideas is always to check another Layoff Survival Guide. This method for see exactly what may be included and adopt these ideas to your book. This site will almost certainly help you save time and effort, money and stress. If you are looking for free books then you really should consider finding to assist you try this. Several of Layoff Survival Guide are for sale to free while some are payable. If you arent sure if the books you would like to download works with for usage along with your computer, it is possible to download free trials. The free guides make it easy for someone to free access online library for download books to your device. You can get free download on free trial for lots of books categories. Our library is the biggest of these that have literally hundreds of thousands of different products categories represented. You will also see that there are specific sites catered to different product types or categories, brands or niches related with Layoff Survival Guide. So depending on what exactly you are searching, you will be able to choose e books to suit your own need. Need to access completely for Campbell Biology Seventh Edition book? Access Ebook without any digging. And by having access to our ebook online or by storing it on your computer, you have convenient answers with Layoff Survival Guide To get started finding Layoff Survival Guide, you are right to find our website which has a comprehensive collection of books online. Our library is the biggest of these that have literally hundreds of thousands of different products represented. You will also see that there are specific sites catered to different categories or niches related with Layoff Survival Guide So depending on what exactly you are searching, you will be able to choose ebook to suit your own need. Thank you for reading Layoff Survival Guide. Maybe you have knowledge that, people have search numerous times for their favorite readings like this Layoff Survival Guide, but end up in harmful downloads. Rather than reading a good book with a cup of coffee in the afternoon, instead they juggled with some harmful bugs inside their laptop. Layoff Survival Guide is available in our book collection an online access to it is set as public so you can download it instantly. Our digital library spans in multiple locations, allowing you to get the most less latency time to download any of our books like this one. Merely said, Layoff Survival Guide is universally compatible with any devices to read.

#### **Find Layoff Survival Guide:**

enchanted toys a glow-in-the-dark

enciclopedia de la salud que debemos hacer para disfrutar de una buena salud
encouraging writing in the classroom classroom writing collection by...
encyclopedia of social work 2003 supplement encyclopedia of social work
encyclopedia of dreams symbols and interpretations
encyclopedia of mailing list terminology and techniques a practical guide for marketers
encyclopedia of italian renaissance and mannerist art vol. 1 only grove encyclopedias of european art
encyclopedia of death and dying
enchanted love the mystical power of intimate relationships
encyclopedia of american industries manufacturing industries 1
encyclopedia of associations regional state and local organizations western states 90-91 volume5

encyclopedia of golf collectibles

# encyclopedia of computer science and technology encounters with the world of spirits

encyclopedia of horror

#### **Layoff Survival Guide:**

francese compatto dizionario francese italiano italiano francese - Jun 29 2023

web scopri francese compatto dizionario francese italiano italiano francese di edigeo spedizione gratuita per i clienti prime e per ordini a partire da 29 spediti da amazon

dizionario italiano francese online larousse - Aug 20 2022

web italiano francese francese italiano dizionario italiano francese un dizionario di 100 000 voci ed espressioni cerca difficoltÀ dubbio sans

dizionario francese italiano online larousse - Apr 27 2023

web i dizionari larousse accessibili gratuitamente francese italiano larousse traduttore coniugatore

dizionario di francese online corriere it - Sep 01 2023

web italiano francese le parole più cercate questo dizionario francese italiano italiano francese sansoni privilegia all interno di un elenco di voci assai completo la trattazione

## dizionario francese italiano indice parole ed espressioni reverso - Dec 24 2022

web p er aiutarti ad imparare questa lingua straniera reverso offre un dizionario completo francese italiano dove puoi trovare un dizionario generale di parole ed espressioni di uso comune termini specialistici particolarmente utili per chi svolge traduzioni professionali francese italiano traduzioni in italiano di migliaia di parole ed

francese compatto zanichelli - Oct 02 2023

web dizionario francese italiano italiano francese quarta edizione a cura di edigeo i dizionari compatti 2017 pensato per chi si avvicina al francese per studio lavoro o turismo il dizionario contiene tutte le parole le forme derivate e le locuzioni più leggi tutto anteprima 1 tutti volumi e versioni

#### dizionario francese italiano online larousse - Feb 11 2022

web francese dizionario francese italiano un dizionario di 100 000 voci ed espressioni cerca difficoltÀ sans doute attention ne pas confondre senza dubbio avec sans doute en italien senza dubbio signifie sans aucun doute sapere piÙ avviso culturale la tour eiffel

dizionario francese italiano traduzione italiano reverso - Jul 31 2023

web dizionario francese italiano cerca la traduzione de parole ed espressioni nel dizionario francese italiano trova esempi pronuncia

#### francese compatto dizionario francese italiano italiano francese - Nov 22 2022

web il dizionario francese compatto è uno strumento pratico e ricco di voci pensato per chi desidera trovare in un volume di dimensioni ridotte non solo le parole della lingua comune ma anche i termini più importanti delle arti e delle scienze dell economia e della tecnica

### il dizionario italiano francese glosbe - Jun 17 2022

web glosbe dizionario italiano francese italiano francese glosbe è la casa di migliaia di dizionari forniamo non solo dizionario italiano francese ma anche dizionari per ogni paia di lingue esistenti online e gratis traduzioni dal dizionario italiano francese definizioni grammatica

compatto traduzione in francese esempi italiano reverso - Apr 15 2022

web aggettivo sostantivo verbo compact petit uni dense léger compacité È un cavatappi compatto e facile da utilizzare ce tire bouchon est compact facile d usage et stylisé noi offriamo protezioni in un design compatto nous vous proposons une sécurité personnalisée dans un design compact

#### traduzioni pons le migliori per francese italiano - Mar 27 2023

web il dizionario online francese italiano pons è una risorsa online consultabile gratuitamente da tutti cerca una parola o una frase digitandola nel campo di ricerca puoi scegliere se cercare contemporaneamente in entrambe amazon it dizionario italiano francese - May 17 2022

web francese compatto dizionario francese italiano italiano francese edizione multilingue dizionario francese olivetti - Jul 19 2022

web benvenuti nel sito del dizionario francese online l'unico dizionario francese italiano e italiano francese online il vocabolario è consultabile gratuitamente non esitate a farci sapere i vostri commenti e le vostre impressioni il nostro dizionario francese consta di circa 40 000 vocaboli e 5 000 frasi o espressioni idiomatiche

 $francese\ italiano\ traduttore\ cambridge\ -\ Jan\ 25\ 2023$ 

web francese italiano traduttore traduzione veloce e gratuita in primo luogo scegli la lingua di partenza e la lingua di destinazione poi digita il testo fino a 160 caratteri per volta

#### dizionari francesi mondadori store - Oct 22 2022

web dizionario francese italiano raoul boch libri libro altro 9 90 dizionario francese plus italiano francese barbara besi ellena véronique gfeller libri brossura 92 80 il boch dizionario francese italiano italiano francese raoul boch libri brossura 30 50 le robert micro libri libro 13 00

#### reverso context traduzione in contesto da francese a italiano - Feb 23 2023

web motore di ricerca di traduzioni francese italiano parole ed espressioni in francese tradotte in italiano con esempi di uso in entrambe le lingue coniugazione di verbi in italiano pronuncia di esempi in francese frasario francese italiano accedi alla cronologia offline con la app gratuita

10 migliori francese compatto dizionario francese italiano in italia - Mar 15 2022

web oct 23 2023 10 migliori francese compatto dizionario francese italiano in italia aggiornato l ultima volta 23 10 2023 le nostre classificazioni sono generate in maniera ingegnosa a partire dall analisi algoritmica di migliaia di recensioni fatte da clienti su prodotti marche venditori e il loro livello di attenzione al consumatore tendenze e

# francese compatto dizionario francese italiano italiano francese - Sep 20 2022

web dizionario francese italiano italiano francese è un libro a cura di edigeo pubblicato da zanichelli nella collana i dizionari compatti acquista su ibs a 16 53 dizionario francese italiano italiano francese edigeo libro zanichelli i dizionari compatti ibs google traduttore - May 29 2023

web traduzione il servizio di google offerto senza costi traduce all istante parole frasi e pagine web dall italiano a più di 100 altre lingue e viceversa

#### green detox smoothie allrecipes - Mar 20 2022

web aug 15 2014 green detox smoothie 4 0 8 5 reviews 7 photos super easy and very healthy don t be put off by the color this actually tastes pretty good and is great for digestion i use coconut water instead of pineapple juice if i want to reduce the sugar and make the smoothie even healthier recipe by nadia published on august 15 2014

# the 17 best leafy greens for green smoothies vibrant happy healthy - May 22 2022

web mar 6 2020 i ve listed the 17 best greens for smoothies as well as delicious smoothie recipes with leafy greens looking for the best leafy greens for green smoothies juicing smoothie recipes

#### download green kitchen smoothies healthy and colorful smoothies - Jun 03 2023

web mar 31 2022 the book is divided into simple smoothies post workout favorites breakfast ideas energizers desserts and more david and luise also reveal their recipes for nut milks and butters granola muesli as well as th

#### green kitchen smoothies healthy and colorful smoothies for - Sep 06 2023

web recipes include the green bowl sleeping in smoothie green stamina workout the warm smoothie and apple pie in a glass this is no run of the mill smoothie book for anyone reluctant to switch to a purely liquid breakfast there are green smoothie recipes bbc good food - Apr 01 2023

web start your day with a healthy smoothie as well as being packed with nutrients the deep green of spirulina adds rich vibrancy while avocado gives a silky texture green breakfast smoothie

10 green smoothie recipes to make forever eatingwell - Aug 05 2023

web sep 4 2023 these smoothies get their green color from healthy ingredients like avocado kale and spinach and they also pack in other satisfying foods like nut butters seeds and yogurt four and five star rated drinks like our anti inflammatory breakfast smoothie and spinach peanut butter banana smoothie are so delicious your green kitchen smoothies green kitchen stories - Nov 27 2022

web apr 29 2016 it's loaded with new smoothies juices and nut milks along with our favourites from the app and blog a mix of simple smoothies and real showstoppers with layers and toppings we have also included granola muesli and nut butter recipes along with lots of really handy tips and tricks

healthy green smoothie recipes eatingwell - Jul 04 2023

web explore healthy smoothie recipes find healthy delicious green smoothie recipes including smoothies for cleanse and detox healthier recipes from the food and nutrition experts at eatingwell

greatist 9 healthy but delicious green smoothie recipes - Feb 28 2023

web dec  $16\ 2021$  if oatmeal and cereal are your breakfasts of choice try transitioning into the green smoothie world with a smoothie bowl with kale mango microgreens or alfalfa sprouts hemp seeds and almond

green smoothie recipe healthy and delicious one dish kitchen - Aug 25 2022

web sep 16 2021 add all of the ingredients to a blender and blend for 30 seconds on high or until creamy taste and adjust if necessary while this green smoothie recipe is exactly how i make mine you may need to make minor adjustments for example if the fruit you re using isn t very ripe the smoothie won t be as sweet

# green smoothie eatingwell - Sep 25 2022

web sep  $20\ 2023$  directions place bananas pear or apple kale orange juice water ice cubes and flaxseed in a blender pulse a few times then puree until smooth scraping down the sides as necessary

green smoothie simple healthy delicious wellplated com - May 02 2023

web here are a few notable green smoothie benefits green smoothies that include spinach or kale are rich in a variety of nutrients like vitamins fiber folate iron and minerals these types of greens also contain vitamin c which can aid in immune support this smoothie uses banana which is packed with potassium

11 green smoothie recipes that actually taste good eat this - Jul 24 2022

web may 8 2023 this green smoothie recipe uses kale peach yogurt and almond milk as the base and it calls for option toppings of ginger honey and almonds the sweetness of the peach will hide the bitterness of the kale so you can sit back and chow down on a sweet creamy health boost get our recipe for a peaches and kale smoothie bowl *green smoothie recipes* - Jan 30 2023

web green smoothies green smoothies are a healthy way to drink or replace a meal check out over 60 green smoothie recipes to fit your taste and needs blueberry spinach smoothie almond butter banana and cacao green smoothie 2 ratings spinach and banana power smoothie 82 ratings spinach and kale smoothie

#### green smoothies are they good for you webmd - Dec 29 2022

web based on your preferences healthy additions to a green smoothie can include fruits like apple mango banana avocado or pineapple other vegetables like carrot beetroot cucumber or cauliflower

# 10 best healthy greens for smoothies the ultimate guide - Feb 16 2022

web jun 27 2023 what is a green smoothie a green smoothie is a blended drink made with green leafy vegetables and other ingredients most often this includes fresh or frozen fruit and a liquid such as water juice or milk green smoothies can also include nuts seeds yogurt or protein powder

# green smoothies nutrition calories and benefits healthline - Jun 22 2022

web feb 16 2022 in general green smoothies are an excellent source of vitamins minerals and bioactive plant compounds all of which are essential in staying healthy summary green smoothies are smoothies

### green kitchen smoothies healthy and colorful smoothies for - Oct 07 2023

web apr 29 2022 recipes include the green bowl sleeping in smoothie green stamina workout the warm smoothie and apple pie in a glass green kitchen smoothies will also feature smoothies with textures and layers making them much more than just a drink

#### best green smoothie recipe joyfoodsunshine - Oct 27 2022

web jul 27 2019 how to make the best green smoothie recipe a simple green smoothie for beginners that is healthy tastes amazing and only takes 5 minutes to make plus tips on meal prepping smoothies

12 healthy smoothie recipes with leafy greens or vegetables - Apr 20 2022

web jan 18 2016 get inspired by these 12 healthy smoothie recipes to include leafy greens or vegetables into every one of your meals these delicious smoothies are great for breakfast lunch snack or workout recovery

### buy seattle city map 1st edition 2017 the chart map shop - Sep 25 2022

web lonely planet seattle is your passport to all the most relevant and up to date advice on what to see what to skip and what hidden discoveries await you catch a flying fish at

lonely planet seattle city map map amazon co uk - Oct 27 2022

web lonely planet seattle city map map lonely planet amazon com tr kitap ana içeriğe atla com tr merhaba teslimat adresini seçin kitaplar merhaba giriş yapın hesap ve

lonely planet seattle city map wordery com - Mar 20 2022

web sep 1 2017 buy lonely planet seattle city map by lonely planet from waterstones today click and collect from your local waterstones or get free uk delivery on orders

lonely planet seattle city map by lonely planet waterstones - Jan 18 2022

web this lonely planet seattle city map lonely planet city as one of the most in force sellers here will definitely be in the midst of the best options to review three hours from

maps lonely planet - Jun 22 2022

web durable and waterproof with a handy slipcase and an easy fold format lonely planet seattle city map is your conveniently sized passport to traveling with ease get more

seattle city map lonely planet shop - Oct 07 2023

web durable and waterproof with a handy slipcase and an easy fold format lonely planet seattle city map is your conveniently sized passport to traveling with ease get more

### lonely planet seattle city guide the map shop - Jul 24 2022

web durable and waterproof with a handy slipcase and an easy fold format lonely planet seattle city mapis your conveniently sized passport to traveling with ease get more

#### lonely planet seattle city map 1 by lonely planet goodreads - May 22 2022

web sep 1 2017 get free shipping on lonely planet seattle city map by lonely planet from wordery com from lonely planet the world's leading travel guide publisher

# lonely planet seattle city map city maps map amazon com - Aug 05 2023

web sep 19 2017 durable and waterproof with a handy slipcase and an easy fold format lonely planet seattle city map is your conveniently sized passport to traveling with

#### seattle city map longitude maps - Apr 20 2022

web this map is ideal for circulating in the city features easy to use waterproof and resistant highlights the points of interest of the city includes advice on some of the

seattle city guide lonely planet washington usa - Sep 06 2023

web lonely planet seattle city map on amazon com free shipping on qualifying offers lonely planet seattle city map city maps

#### getting around in seattle lonely planet - Jun 03 2023

seattle city map 1 preview lonely planet - Apr 01 2023

web sep 19 2017 lonely planet seattle city map by lonely planet write a review 7 99 ship this item qualifies for free shipping usually ships within 1 week instant

# lonely planet seattle city map 1 amazon com - Jul 04 2023

web buy lonely planet s seattle city map direct from lonely planet the world s best guidebooks travel advice and information available in print digital format

lonely planet seattle city map map harita amazon com tr - Aug 25 2022

web best in travel 2024 after a one year hiatus lonely planet s annual bestseller returns to mark our 50th anniversary lonely planet seattle city map other format barnes noble - Jan 30 2023

web free convenient pull out city map included in print version plus over 31 colour maps covers coverage includes downtown waterfront pioneer square sodo belltown

lonely planet seattle city map by lonely planet sheet map - Dec 17 2021

seattle travel guidebook 2020 lonely planet online shop - Nov 27 2022

web durable and waterproof with a handy slipcase and an easy fold format lonely planet seattle city map is your conveniently sized passport to traveling with ease get more

city map in english seattle lonely planet maps company - Feb 16 2022

web find many great new used options and get the best deals for lonely planet seattle city map by lonely planet sheet map 2017 at the best online prices at ebay free

lonely planet seattle city map lonely planet city lonely planet - Nov 15 2021

# seattle city map lonely planet shop - May 02 2023

web durable and waterproof with a handy slipcase and an easy fold format lonely planet seattle city map is your conveniently sized passport to traveling with ease get more

lonely planet seattle city map 1 1st ed 1st edition map - Feb 28 2023

web check out lonely planet seattle our most comprehensive guidebook to the city covering the top sights and most authentic off beat experiences or check out lonely planet

#### lonely planet seattle city map 1 abebooks - Dec 29 2022

web buy lonely planet seattle city map 1 by lonely planet isbn 9781786579195 from amazon s book store everyday low prices and free delivery on eligible orders lonely