

HESI PN MED-SURG EXAM QUESTIONS & ANSWERS 2024

During a clinic visit, a client reports to the practical nurse (PN) that they felt a solid mass in their breast during self-examination, but it was not painful. What instruction should the PN reinforce with the client?

- A. Continue to monitor the mass until the next scheduled annual exam.
- B. Notify the PCP if the mass becomes soft or painful or starts to drain.
- C. Schedule an appointment with the PCP for evaluation.
- D. Breast masses are usually insignificant if they feel soft or are easily moveable.
- c. Schedule an appointment with the health care provider for evaluation.

A painless breast mass is an abnormal finding, and the PN should instruct the client to obtain prompt medical evaluation.

The health care provider informed a client diagnosed with stage 4 liver cancer that the cancer has spread to their spine. The client states to the practical nurse, "I have a cancer, but it is not malignant." What is the best initial nursing action?

- A. Encourage the client to attend a cancer education program
- B. Perform a complete history and physical assessment
- C. Ask the client to explain his understanding of the term malignancy.
- D. Offer the client emotional support to deal with the diagnosis

Submit

- c. Ask the client to explain his understanding of the term malignancy.

The best initial action is to assess the client's knowledge of the term malignancy when used to describe cancer. The client appears to have inaccurate knowledge. Stage 4 cancer means the cancer has spread (metastasized) from where it has started to another body part.

A client diagnosed with osteoarthritis. Which intervention should the practical nurse implement to help relieve joint pain and stiffness?

- a. Encourage the client to perform weight-bearing exercises.
- b. Teach the client how to perform range-of-motion exercises.
- c. Explain the use of ice and massage for pain relief.
- d. Instruct the client to take an analgesic before walking daily
- d. Instruct the client to take an analgesic before walking daily.

Adequate pain management is important for the success of an exercise program. Keeping the joints active decreases pain, so taking an analgesic and walking daily is likely to help decrease joint pain and stiffness.

Hesi Pn Med Surg

Yi-Tong Ma



Hesi Pn Med Surg:

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