

## I. Endocrine Overview

- a. The endocrine system consists of glands which secrete **hormones directly into the blood**
  - i. These glands include:
    1. Hypothalamus, pituitary gland, thyroid, parathyroid, pancreas, adrenal glands, placenta (during pregnancy), ovaries, testes, thymus, and pineal gland
    2. The hormones secreted by these glands regulate the functions of different organs and tissues
- b. **Glands and their hormones:**
  - i. Pituitary:
    1. **Anterior pituitary:**
      - a. TSH
      - b. ACTH
      - c. LH
      - d. GH
      - e. Prolactin
    2. **Posterior pituitary:**
      - a. Oxytocin
      - b. Vasopressin
  - ii. Thyroid:
    1. T4, T3
    2. Calcitonin
  - iii. Parathyroids:
    1. Parathyroid hormone (PTH)
  - iv. Pancreas:
    1. Insulin
    2. Glucagon
    3. Somatostatin
    4. Pancreatic polypeptide (PP)
  - v. Adrenal glands:
    1. Epinephrine
    2. Norepinephrine
    3. Aldosterone
    4. Cortisol
    5. Androgens
  - vi. Ovaries:
    1. Estrogen
  - vii. Testes:
    1. Testosterone

## II. Pituitary Gland:

### a. Morphology and overall functions:

- i. Gross Anatomy:
  1. Well-protected gland, located in a pocket of the sphenoid bone at the base of the brain
- ii. Histology:
  1. Posterior:
    - a. Made up largely of the endings of axons from the hypothalamus
    - b. Stores hormones from hypothalamus
  2. Anterior:
    - a. Contains endocrine cells that synthesize and store hormones
    - b. Different cell types produce different hormones →



# Endocrine Study Guide

**Patrick Vollmar**

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## **Table of Contents Endocrine Study Guide**

1. Understanding the eBook Endocrine Study Guide
  - The Rise of Digital Reading Endocrine Study Guide
  - Advantages of eBooks Over Traditional Books
2. Identifying Endocrine Study Guide
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Endocrine Study Guide
  - User-Friendly Interface
4. Exploring eBook Recommendations from Endocrine Study Guide
  - Personalized Recommendations
  - Endocrine Study Guide User Reviews and Ratings
  - Endocrine Study Guide and Bestseller Lists
5. Accessing Endocrine Study Guide Free and Paid eBooks
  - Endocrine Study Guide Public Domain eBooks
  - Endocrine Study Guide eBook Subscription Services
  - Endocrine Study Guide Budget-Friendly Options

6. Navigating Endocrine Study Guide eBook Formats
  - ePub, PDF, MOBI, and More
  - Endocrine Study Guide Compatibility with Devices
  - Endocrine Study Guide Enhanced eBook Features
7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Endocrine Study Guide
  - Highlighting and Note-Taking Endocrine Study Guide
  - Interactive Elements Endocrine Study Guide
8. Staying Engaged with Endocrine Study Guide
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Endocrine Study Guide
9. Balancing eBooks and Physical Books Endocrine Study Guide
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Endocrine Study Guide
10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
11. Cultivating a Reading Routine Endocrine Study Guide
  - Setting Reading Goals Endocrine Study Guide
  - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Endocrine Study Guide
  - Fact-Checking eBook Content of Endocrine Study Guide
  - Distinguishing Credible Sources
13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
14. Embracing eBook Trends
  - Integration of Multimedia Elements

- Interactive and Gamified eBooks

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