

Mental health HESI study guide-with 100% verified solutions-2023-2024

1- A male client who is seen in the mental health clinic monthly reports feeling very stressed, nervous, and describes become angry increasingly more often during the last month. What action should the nurse take first?

Ask the client to identify problems that have occurred during the last month

Teach the client how to use relaxation exercises when feeling stressed

Encourage the client to eat a healthy diet and sleep 8hr every night
recommended using diversion activities when feelings of anger occur

2. A female client with obsessive compulsive personality disorder is admitted to the hospital to a cardiac catheterization. The afternoon before the procedure, the client begins to keep detailed notes of the nursing care she is receiving and reports her findings to nurse at bedtime. Which action should the nurse implement?

Encourage the client to express her feeling regarding the upcoming procedure.

Ask the client to explain why she is keeping a detailed record of her nursing care

teach the client strategies to control her obsessive compulsive disorder

explain to the client that her behavior invades the rights of the nursing staff

3. the nurse is caring for a client who recently went through detoxification from opioid drugs. Which intervention is most important for the nurse to include in the client's plan of care?

Schedule role play opportunities to practice coping skills

Discuss alcohol addition as a potential comorbidity

Encourage meeting peers that have a similar lifestyle

Refer to a community based clinic for assistance

4. A male client come to the emergency center because he has an erection that will no resolve. The client reports that he is taking trazodone for insomnia. Which information is most for the nurse to ask this client?

Are you having any other sexual dysfunctions or problems

Have you taken any medication for erectile dysfunction

When was the last time you drink an alcohol beverage

Do you have a history of angina or HBP?

5- An older homeless client visits the psy

clinic to obtain a prescription renewal for alprazolam. During the health assessment, the client complains of chest pain. Which action should the nurse take first?

Assess the client for substance abuse

Mental Health Hesi Study Guide

Sebastian Brünink



Mental Health Hesi Study Guide:

Mental Health Hesi Study Guide: Bestsellers in 2023 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous engrossing novels captivating the hearts of readers worldwide. Lets delve into the realm of top-selling books, exploring the fascinating narratives that have charmed audiences this year. Mental Health Hesi Study Guide : Colleen Hoover's "It Ends with Us" This touching tale of love, loss, and resilience has gripped readers with its raw and emotional exploration of domestic abuse. Hoover skillfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Mental Health Hesi Study Guide : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This spellbinding historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids compelling storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic : Delia Owens "Where the Crawdads Sing" This mesmerizing coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens spins a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting. These bestselling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of engaging stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a masterful and gripping novel that will keep you wondering until the very end. The novel is a warning tale about the dangers of obsession and the power of evil.

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