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NATIONWIDE. REGIONAL. LOCAL.

STUDENT'S FIRST NAME _____ STUDENT'S LAST NAME _____

GRADE _____ ROOM # _____ TEACHER'S NAME _____

NAME OF SCHOOL _____

EVENT DATE _____ RETURN THIS ENVELOPE TO TEACHER BY THIS DATE _____

I'M JUMPING IN HONOR OF _____

☐ I WANT TO GIVE MORE, SO PLEASE DO NOT SEND GIFTS. PLEASE CONVERT ALL CASH TO A CHECK(S) PAYABLE TO THE AMERICAN HEART ASSOCIATION. All donors who make donations online will receive a donation receipt.

Don't forget to share your challenge with others. Here's a script you can use:

My school is participating in Jump Rope For Heart where I am learning how to keep my heart healthy. I accepted a challenge to:

- ☐ Choose to drink water instead of sugary drinks
- ☐ Be physically active for 60 minutes a day
- ☐ Eat a fruit or veggie with every meal

Will you accept this challenge with me? I've also set a goal to raise \$_____ to fund lifesaving research and programs that help our community. Please support me by making a donation to the American Heart Association.

Paid	Donor's Name and Challenge	Cash/Check or Money Order Donation	Online Donation	Company Matching Gift Forms*	TOTAL Donations
①	Julie Jump Rope- Eat a fruit or veggie with every meal	\$25.00	INCLUDE DONATION REPORT	\$0	\$25.00
○ 1.					
○ 2.					
○ 3.					
○ 4.					
○ 5.					
○ 6.					
○ 7.					
○ 8.					
○ 9.					
○ 10.					
○ 11.					
○ 12.					
○ 13.					
○ 14.					
TOTAL DONATIONS		\$	\$	\$	\$

If you have raised \$50 or more, you've earned a T-shirt! Please mark your size:

Youth: ☐ S ☐ M ☐ L Adult: ☐ S ☐ M ☐ L ☐ XL ☐ XXL ☐ 3XL

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Jump Rope Pledge Form

Michael Rajnik

A red circular graphic with a gradient, appearing as a partial circle or a stylized arrow pointing to the right, located to the right of the name bar.

Jump Rope Pledge Form:

Jump Rope Pledge Form: Bestsellers in 2023 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous compelling novels captivating the hearts of readers worldwide. Lets delve into the realm of popular books, exploring the captivating narratives that have enthralled audiences this year. The Must-Read : Colleen Hoover's "It Ends with Us" This heartfelt tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover masterfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can succeed. Jump Rope Pledge Form : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This intriguing historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids captivating storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Jump Rope Pledge Form : Delia Owens "Where the Crawdads Sing" This mesmerizing coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens crafts a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These top-selling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of compelling stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a exceptional and thrilling novel that will keep you wondering until the very end. The novel is a warning tale about the dangers of obsession and the power of evil.

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Table of Contents Jump Rope Pledge Form

1. Understanding the eBook Jump Rope Pledge Form
 - The Rise of Digital Reading Jump Rope Pledge Form
 - Advantages of eBooks Over Traditional Books
2. Identifying Jump Rope Pledge Form
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Jump Rope Pledge Form
 - User-Friendly Interface
4. Exploring eBook Recommendations from Jump Rope Pledge Form
 - Personalized Recommendations
 - Jump Rope Pledge Form User Reviews and Ratings
 - Jump Rope Pledge Form and Bestseller Lists
5. Accessing Jump Rope Pledge Form Free and Paid eBooks
 - Jump Rope Pledge Form Public Domain eBooks
 - Jump Rope Pledge Form eBook Subscription Services
 - Jump Rope Pledge Form Budget-Friendly Options
6. Navigating Jump Rope Pledge Form eBook Formats
 - ePub, PDF, MOBI, and More
 - Jump Rope Pledge Form Compatibility with Devices
 - Jump Rope Pledge Form Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Jump Rope Pledge Form
 - Highlighting and Note-Taking Jump Rope Pledge Form
 - Interactive Elements Jump Rope Pledge Form
8. Staying Engaged with Jump Rope Pledge Form

- Joining Online Reading Communities
- Participating in Virtual Book Clubs
- Following Authors and Publishers Jump Rope Pledge Form
- 9. Balancing eBooks and Physical Books Jump Rope Pledge Form
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Jump Rope Pledge Form
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Jump Rope Pledge Form
 - Setting Reading Goals Jump Rope Pledge Form
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Jump Rope Pledge Form
 - Fact-Checking eBook Content of Jump Rope Pledge Form
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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