

## Muscle Tissue

Identify the criteria used to classify muscle, then differentiate the three muscle types using these criteria.

Criteria = striations, nervous control, number of nuclei.

Skeletal → striated, voluntary, multinucleated

Cardiac → striated, involuntary, one nucleus (intercalated discs, striations branch more)

Smooth → non-striated, involuntary, one nucleus ("spindle cells" because they taper at both ends)

Describe the properties common to all muscle types.

- Excitability = responds to a stimulus
- Contractility = ability to shorten/thicken; no muscle will contract unless it is stimulated to contract → impulse carried by nervous system, muscle reacts by contracting
- Extensibility = can stretch, work in antagonistic pairs in skeletal muscle
- Elasticity = can return back to resting state after shortening/thickening

Explain the functions of muscle.

Motion – any muscle contraction results in motion

- Contraction of cardiac muscle moves blood
- Contraction of smooth muscle propels food, releases urine
- Contraction of skeletal muscle = locomotion

Maintenance of posture – skeletal muscle contraction opposes gravity

Stabilizing joints – muscles surround joint are partially contracted to give strength

Heat production – any muscle contraction produces heat

Examine the gross anatomical features of skeletal muscle.

Muscle = 100s-1000s of individual muscle cells

- Skeletal muscle fibers
- Blood vessels – deliver oxygen and glycogen
- Nerve fibers – carry impulse for stimulation
- Connective tissue

Attachment – indirect or direct; tendons and aponeurosis

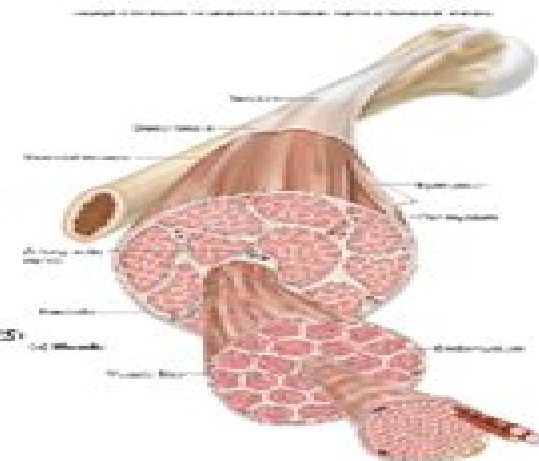
Epimysium = connective tissue around the entire muscle; dense irregular connective tissue

Fascicle = bundle of muscle cells, covered by the perimysium

Perimysium = connective tissue covering fascicle

Muscle fiber = muscle cell = myofiber

Endomysium = connective tissue surrounding the individual muscle cell; reticular connective tissue



# **Muscle Physiology Study Guide Answers**

**William Davids**



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