

Anatomical Reference For The Artist



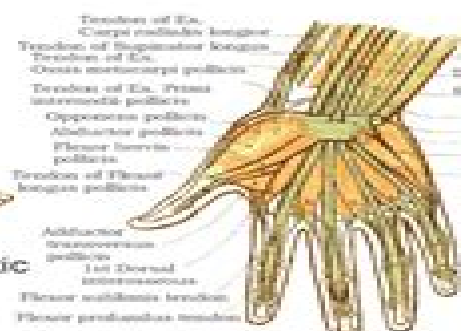
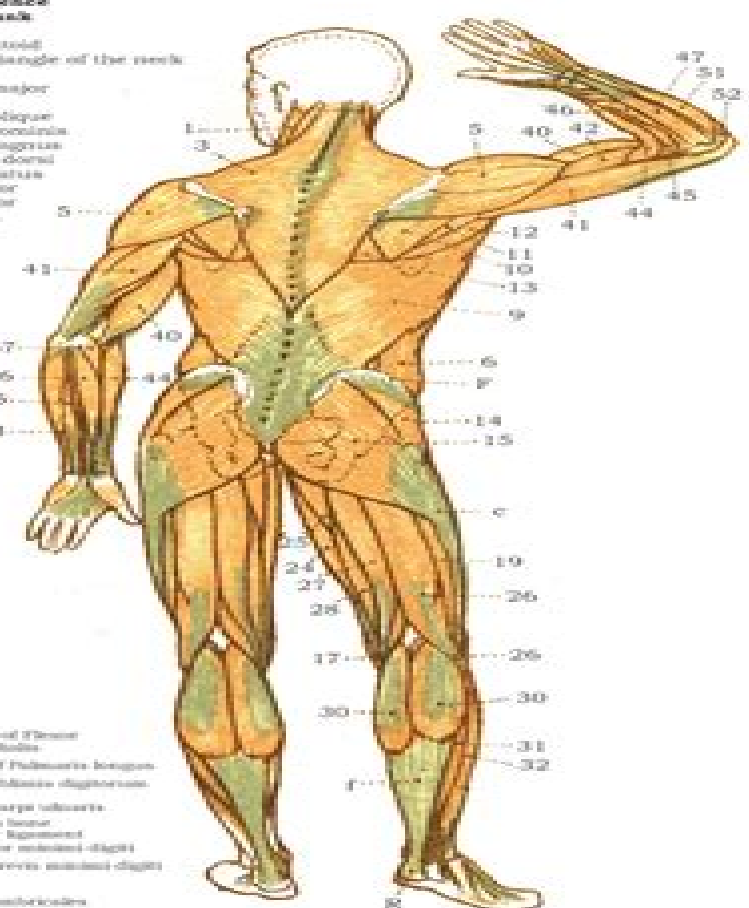
Muscle Reference Head and Trunk

1. Sternocleidomastoid
2. Posterior triangle of the neck
3. Trapezius
4. Pectoralis major
5. Deltoid
6. External oblique
7. Rectus abdominis
8. Serratus magnus
9. Latissimus dorsi
10. Infra-spinatus
11. Teres minor
12. Teres major
13. Rhomboid

- Fasciae, Aponeuroses, etc.**
- a. Aponeurosis covering Rectus
 - b. Lumbar aponeurosis
 - c. Fascia lata - ilio-tibial band
 - d. Quadriceps tendon
 - e. Ligamentum patellae
 - f. Tendo-Achilles

Muscle Reference Upper Limb

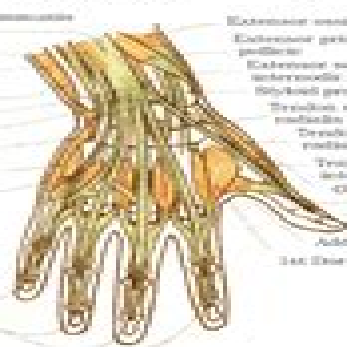
40. Biceps
41. Triceps
42. Brachialis anticus
43. Coraco-brachialis
44. Supinator longus
45. Extensor carpi radialis longior
46. Extensor carpi radialis brevior
47. Extensor communis digitorum
48. Extensor ossis metacarpi pollicis
49. Extensor primi intermetali pollicis
50. Extensor secundus intermetali pollicis
51. Extensor carpi ulnaris
52. Anconeus
53. Flexor carpi ulnaris
54. Flexor sublimis digitorum
55. Palmaris longus
56. Flexor carpi radialis
57. Pronator teres



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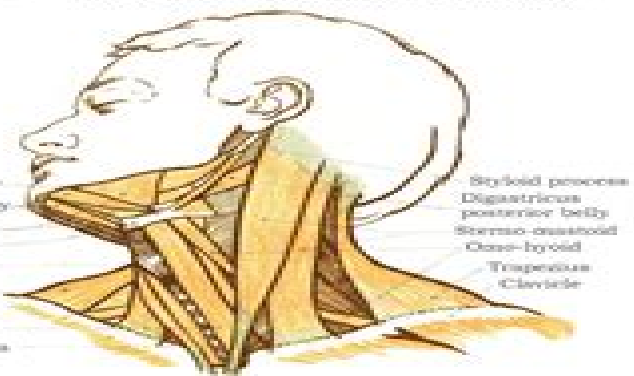
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- Extensor ossis metacarpi pollicis
- Extensor carpi ulnaris
- Ulna
- Anconeus
- Tendon of Extensor carpi ulnaris
- Abductor minimi digiti
- Opposens minimi digiti
- Tendon of Extensor communis digitorum



- Extensor ossis metacarpi pollicis
- Extensor primi intermetali pollicis
- Extensor secundus intermetali pollicis
- Styloid process of radius
- Tendon of Extensor carpi radialis longior
- Tendon of Extensor primi intermetali pollicis
- Opposens pollicis
- Tendon of Extensor secundus intermetali pollicis
- Abductor pollicis
- 1st Dorsal Intermetacarpal

- Outline of lower jaw
- Digastricus anterior belly
- Mylo-hyoid
- Hyoid bone
- Larynx
- Trapezius
- Sternocleidomastoid
- Trachea



- Styloid process
- Digastricus posterior belly
- Sternocleidomastoid
- Osteo-hyoid
- Trapezius
- Clavicle

Muscle Anatomy Study Guide

L Towne



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