

Parries to protect the lower legs are *crucially* important. Attacks to the lower thighs, knees, shins, and ankles are blocked by the same simple action of quickly dropping the weapon to the low guard and moving forward. The reflex of having able to bring the blade down and over left or right must be thoroughly practiced. A common attack can be to force low and then strike to place the opponent prematurely drops his blade to parry as expected by cut.

To parry low the blade simply drops straight down to the center, and then back left and point down to the side. The point must naturally come out further to actually block. The short action with a movement will be insufficient, and the flow cut toward the parry back.



Low right parry (low outside)



Low left parry (low inside)

After parrying low from the position an immediate diagonal upward cut or thrust can be made. A quick recovery may also be made to the ready position, but so easily the weapon may remain in the low guard, due to a hanging point or pull back to one of the many others, depending on need.

Dropping the blade prematurely will cause a weakness and allow the adversary to cut down across the grip or forearm.



Most often students will be weak when trying to parry high when they should have parried low or parrying low when they should have parried high. But the ability to block attacks to the lower legs and then recover to either back or parry elsewhere is something every practitioner are now deficient in because of the rule structure under which they spar. (This is addressed at length in the appendix.)



The action of lifting from a low parry directly to a hanging guard (or vice versa) is one of the major components of using a Medieval long sword and should also be practiced to proficiency.

The most fundamental and crucial error of parrying low is to bring the weapon around instead of straight down and then over. Bringing it around (as if the first parry to the side before making a low one is necessary) actually helps to pull the attack into the leg. A parry attempted this way will come from behind the strike rather than intercept it from of it. A common tactic is trying to induce an adversary to make this mistake by deceiving or "flowing the parry." A high or mid-level attack is first feigned before a low cut is made.

In hanging guards are also hanging parries. By the nature of its use, the hanging point down in the air often is a static, unresponsive position. It is used either by suddenly and quickly adapting the position to the opponent's strike or by assuming the stance and moving to the opponent's strike. Apparently, the same stance in the early period was also sometimes called the "woman's parry."

A hanging parry can defend well against vertical and diagonal cuts while allowing an immediate attack to be made upon horizontal and mid-level waist cuts. It has less applicability and must be turned and lowered to parry thrusts, requiring as possible counterattack. The action of quickly performing a hanging parry (or assuming the hanging guard) for the middle stance must be thoroughly practiced until it can be a fluid and instantaneous response. Hold the weapon at a proper angle to allow blows to slide off. Most important is to receive the opponent's attack on the flat of the weapon and not the edge. Parrying with a sharp edge does not let a "flow" into an attacking weapon as does before.

Hanging guard parrying high (high outside)



Hanging guard parrying left (high inside)



Parrying is nearly always a down in comparison with footwork. Generally, one can step to the side against vertical cuts, or back to let lateral cuts pass, or step in to strike or prevent either. This is especially true with the hanging parries.



INCORRECT



If the parry is held too vertically, cuts will go right past it. If a parry is too horizontally, the arms will be exposed, the body will be open, and the weapon's position can easily be exploited.

Illustrated Japanese Swordsmanship Technique Manual

IM Harris



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