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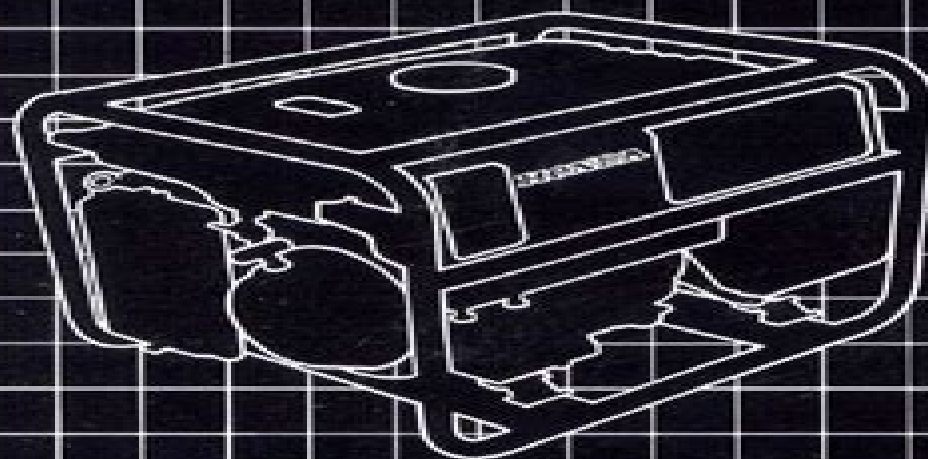
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thought out and designed to maximize the time available for practice we hope you found good basketball practice plans and practice suggestions from our article to adapt to your players

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